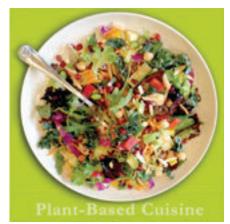
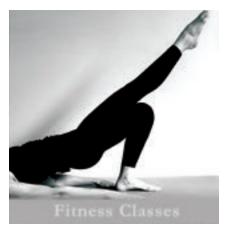


Wellness FROM THE INSIDE OUT



















- Cosmetic Surgery Bio-Identical Hormone Replacement Therapy •
- Lifestyle Weight Loss Programs DexaScan Bone Density & Body Fat Composition Scanning •
- Inflammation, Hormone, Genetic & Wellness Lab Work Pharmaceutical Grade Nutritional Supplements
 - **☑** DrLuJeanFeng
- **☑** FengClinic
- **☑** FengFitFoods
- Feng_Fitness





When we are attuned to positive attributes, our focus shifts from what our lives lack to the abundance that is already present.

For the past several months, I've been starting my day listening to guided meditation tapes. I find it inspirational to begin each day with a centering thought and message. These tapes help set the tone of peace, joy and wellbeing.

Repetition confirms what we already know, and meditation often reminds me that happiness is a state of mind, and not determined by external circumstances. Meditation helps slow down the thought process to let us "just be." When focusing on our breath, distracting thoughts are replaced with a sense of inner peace and relaxation.

A Taoist proverb states, "We cannot see our reflection in running water. It is only in still water that we can see." According to this proverb, it is important for our minds to be still if we truly want to see who we are.

Some of the centering thoughts from a 21-day Oprah/Deepak meditation series that I've been listening to include:

- Today I am open to the presence of miracles.
- I am a radiant spiritual being.
- I cherish the beauty in myself and others.
- I attract what I am.
- I nurture relationships with attention and appreciation.
- I use my energy to heal and transform.
- · I am present.
- Forgiveness sets me free.
- The world is my mirror.

When I start my day with an inspirational message, an introspective feeling is set for being positive, feeling grateful and living in the present.

While all of these topics share powerful messages, the one about our world's being our mirror struck a chord as Thanksgiving approaches.

Deepak says, "Through reflection, we see who we are through others. What we put out is what we attract, or hope to attract in our lives. With increased awareness, we can envision what is possible. What we see is not always beauty, sweetness and compassion; yet to transform that which no longer serves us to what we truly desire in our hearts, we must embrace both the dark and light of who we are."

With Thanksgiving approaching, here are some mirrored thoughts for which we can be grateful:

- The good you find in others is in you too.
- The faults you find in others are your faults as well. After all, to recognize something, you must know it.
- The beauty you see around you is your beauty.
- See the best in others and you will be your best.
- Give to others, and you give to yourself.
- Appreciate beauty and you will be beautiful.
- · Admire creativity, and you will be creative.
- Love and you will be loved.
- · Listen and your voice will be heard.
- Seek to understand and you will be understood.

When we are attuned to positive attributes, our focus shifts from what our lives lack to the abundance that is already present.

With Thanksgiving just a few weeks away, it is a good time to recognize the abundance in our lives. We are never too old to rewrite our own story and bestow a happy ending.

"We can not see our reflection in running water. It is only in still water that we can see." - Taoist Proverb

EXPERT CARDIOVASCULAR CARE – JUST A HEARTBEAT AWAY.

University Hospitals Harrington Heart & Vascular Institute

has a team of specialists at convenient locations across the Eastside – covering areas from Cleveland to Ravenna to Conneaut.

Our nationally recognized experts, personalized care, innovative treatments and leading-edge research are available when and where you need them – close to home.

To learn more about our services, visit **UHhospitals.org/Heart.**To request an appointment, call **1-866-UH4-CARE.**

University Hospitals Harrington Heart & Vascular Institute

Our Eastside locations include:

University Hospitals Medical Centers

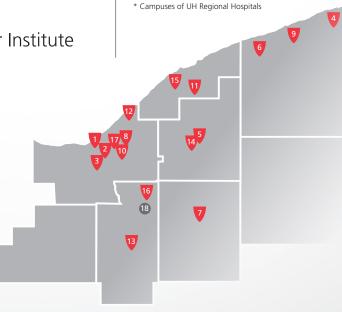
- 1. UH Case Medical Center
- 2. UH Ahuja Medical Center
- 3. UH Bedford Medical Center*
- 4. UH Conneaut Medical Center
- 5. UH Geauga Medical Center
- UH Geneva Medical Center
 UH Portage Medical Center
- 8. UH Richmond Medical Center*

University Hospitals Outpatient Health Centers

- 9. UH Ashtabula Health Center
- 10. UH Chagrin Highlands Health Center
- 11. UH Concord Health Center
- 12. UH Euclid Health Center
- 13. UH Fairlawn Health Center
- 14. UH Geauga Health Center
- 15. UH Mentor Health Center
- 16. UH Twinsburg Health Center
- 17. UH University Suburban Health Center

University Hospitals Physician Office Location

18. 1335 Corporate Drive, Hudson



Among the nation's leading academic medical centers, University Hospitals Case Medical Center is the primary affiliate of Case Western Reserve University School of Medicine, a nationally recognized leader in medical research and education.

© 2015 University Hospitals





COVER STORY

Returning to their alma mater was no accident for a handful of BHS graduates. In fact, all of them feel a special connection with this community, and when they learned of openings in their fields, they seized the opportunity to apply. All have had experiences outside the district, providing a basis for comparison and offering further insight into Beachwood's strengths. And, not insignificantly, they all learned to overcome their universal discomfort of calling their former teachers by their first names.

Full story on page 6. Photos by Scott Morrison, Discovery Photo.

City Council Update • Pages 28-32

Shred Day Results

Veterans Day Program

Happy Thanksgiving

Excellent Audit Opinion from State

Upcoming Meetings

Fall Leaf Pick Up

Upcoming Art Exhibits

The Wizard of Oz

Honkin' Haulin' Photo Recap

You and Your Schools • Pages 34-35

Upcoming Events Open to the Community

Friends of the Beachwood Orchestras Fundraiser

Hilltop, A Blue Ribbon School

LEGO Club

Elderclass Lunch and Program, Showstoppers

Unique Boutique

Everyone has a story to tell. Tell yours in Beachwood Buzz.

Beachwood Buzz is a magazine about Beachwood, by Beachwood, for Beachwood. Please submit your announcements, photos and story ideas to beachwoodbuzz@gmail.com.

Corrections from last month's Beachwood Buzz:

- Beachwood City Council candidate Barbara Bellin Janovitz was incorrectly referred to as Barb Janovitz on the header of her editorial bio.
- Griffin Davis was mistakenly identified as the son of Todd Davis, his uncle, instead of Brian Davis.
- The following information was cut off from the bottom of Michael Ellis's political ad: Paid for by Friends of Michael Ellis, David J. Sternberg, Treasurer, 25202 Duffield Road, Beachwood, Ohio 44122.

Who We Are

Debra Zelman Rapoport

Editor/Publisher

Adam Jacob

Account Executive

Tybee Zuckerman

Proofreader

Jerry Zelman

Vice President of Operations

Rob Ghosh

Art Director

Letters to the Editor

Write to us and tell us what you think. Beachwood Buzz magazine welcomes all Letters to the Editor. Please send all letters via email to beachwoodbuzz@gmail.com. Letters must have the contact's name and phone number. Phone numbers will not be published.

Calendar Section

Please send information about clubs, organizations, events and meetings. The deadline is the 10th of each month. Email information to beachwoodbuzz@gmail.com

Article Submissions

Beachwood Buzz welcomes your story ideas. If you have a story idea or photos you would like to share, email beachwoodbuzz@gmail.com. All articles and photos will be reviewed by the publisher, and the person submitting the information will be contacted.

Subscriptions

Beachwood Buzz is distributed via the U.S. Post Office to every resident and every business, every month. If you live outside our distribution area, subscriptions are available by sending your name, address and a check for \$30 (12 issues) to Beachwood Buzz P.O. Box 22194 Beachwood, Ohio 44122

Beachwood Buzz is published monthly. Reproduction in whole or in part in any manner without the written permission of the publisher is strictly prohibited.

Editorial Information

Call 216.297.0200 or email beachwoodbuzz@gmail.com

Advertising Information

call 216.297.0200 or email sales@beachwoodbuzzmag.com

> P.O. Box 22194 Beachwood, Ohio 44122



BHS Grads Filled with Bison Spirit Over Their Return to District

By June Scharf

Returning to their alma mater was no accident for a handful of BHS graduates. In fact, all of them feel a special connection with this community, and when they learned of openings in their fields, they seized the opportunity to apply. All have had experiences outside the district, providing a basis for comparison and offering further insight into Beachwood's strengths. And, not insignificantly, they all learned to overcome their universal discomfort of calling their former teachers by their first names. Superintendent Bob Hardis says, "I'm thrilled for our students that the roads of these four alumni led back to Beachwood. They each expressed how much this community had invested in them and now, they have the opportunity to pay it forward."

Here they share their paths through near and distant forests, back to the 'wood.

CARRIE (GELLIN) SHAPIRO, Class of 2003



Noting the differences between BHS and an inner-city Chicago school where she previously taught, particularly with respect to resources like the Internet and to small class size here: "We shouldn't take anything for granted." During her years at BHS, if someone had told Carrie, age 30, that she'd be returning here as a high school English teacher one day, she'd have said, "No way." That disbelief covers both being in education and working in Beachwood. "It never crossed my mind that I'd be a teacher." And Chicago was where she found the gateway to her initial career in publishing.

Her path home, however, was slightly circuitous, as many are. After her BHS graduation, she attended Indiana University where she earned a B.A. in English and communications. She says she was staying true to her passion which lay in literature.

"I was in love with books," she explains, but....not so much with her first job. She worked for three years as an in-house publicist at Sourcebooks, where she handled many genres, including cookbooks, young adult fiction and college guides. Eventually, however, she became disillusioned.

"It wasn't a good fit. I didn't like being stuck in a cubicle, and I

didn't enjoy the nature of my work."

The notion of teaching, at that point, dawned on her when she realized she wanted to be working at a job where connection and communication with others are key components. Teaching also provides a creative outlet, which is a priority, and no day is the ever the same, she adds.

She enrolled at the University of Illinois in Chicago where she earned an M.A. in education and a teaching certificate. She was then hired at an inner-city school, on the north side of Chicago.

"It was a tough place," she recalls of her three years there, noting that it taught her a great deal about classroom management. "It was a real roller coaster – I had some of the best and worst moments, and I learned from my mistakes." But most of all, she connected with her classes.

"I loved my students," she says of the diverse population, including many foreign cultures and languages.

It was her husband's career transition early this year that drew the couple back to Cleveland, compelling Carrie to look for a teaching job in town. When she heard that there was an opening at BHS to teach English to 9th and 10th graders, she says she wanted the position very badly. She reports being intensely nervous when she interviewed with her former English teacher, Evan Luzar, but she tried not to show it. "He treated me like a colleague, which helped."

Being back has given rise to many flashbacks to her experiences here, which makes her feel sentimental and nostalgic. But she also remembers how hard it is to be a teenager. "If I had known then what I know now, I would have worked a lot harder," she admits.

She is quick to note the differences between BHS and her Chicago environment, particularly with respect to resources like the internet and to small class size here. "We shouldn't take anything for granted."

In her classroom at BHS, she tends to structure her methods according to how she learned them in her Master's program and

through her student teaching. In other words, she's not copying her experiences here. "I like trying new approaches."

While attending BHS, Carrie served as a drill team co-captain; she played softball and was involved with the yearbook and literary journal. She says she especially enjoyed becoming very involved with the high school community through her extra-curriculars.

Now she brings her wisdom and experience to bear on students through additional contact with them by working as advisor to the Class of 2018.

DAMION CREEL, Class of 1994



Damion Creel is the new head football coach and physical education teacher at the Middle School. His presence heralds the return of a champion, being the sole BHS athlete to ever earn 1st Team All Ohio Honors in two sports, both baseball and football. He was a four-year quarterback, and he also played basketball here.

His arrival comes after serving six seasons with the nationally-ranked Glenville football team as an offensive coordinator, with some time also spent serving as a defensive coordinator. Prior to that post, he was a quarterback coach at St. Edward's, and he also held coaching positions in Cleveland Heights, Richmond Heights and Bedford. For the past 10 years, he has been the director of the summer Beachwood Sports Camp.

After graduating from BHS, he played football and baseball at Hiram College where he earned a B.A. degree in education.

He takes his new roles in the district very seriously, leaving him little time for flashbacks, but those years here helped mold and inspire him, he says.

"I'm charting new waters now, and I'm trying to create great opportunities and experiences for "It's a lot more diverse, and that's great to see."

the kids. I don't think about myself. It's the kids that I'm focused on, making sure their needs are met and protected."

He does, however, describe a surreal feeling when returning to the fields. But now, at age 39 – 21 years later – he finds it hard to remember much from those days. "I thought I'd be able to recall a lot more."

Although, what he doesn't remember, some others do. And his students have been asking his former teachers about his past. Dee Milne, currently a substitute teacher, is one who has tagged certain memories and gladly shares them with the kids.

"I was small and skinny, so she wanted me to be a kicker, not a quarterback and receiver. She didn't want me to get hurt, and she told me that. Now the kids know, too," he says with some amusement.

Since his time at BHS, he says the whole school system is different. "It's a lot more diverse, and that's great to see."

While he can identify many differences between his previous work environment at Glenville and Beachwood, some things remain consistent. "The kids all have social, emotional and academic needs."

Creel says his most immediate goal involves fundamental transformation. "I want the football program here at Beachwood to mean something. I want the program to be important to the school and the community. I've learned from great people – both what to do and what not to do. I can really spread my wings here."

MELISSA FRIEDMAN, Class of 2008



Concerning her advocacy of BHS's two-year Excel TECC program in early childhood education where half the days are spent in BHS classes with the balance spent learning about teaching: "The program helped get me to where I wanted to be."

ne lesson Melissa Friedman, age 25, learned while attending BHS was that she should definitely be a teacher.

She already was inclined to pursue a career in education, but she gained greater confidence in that choice through hands-on experience acquired by enrolling in the Excel TECC program, a unique offering with several different concentrations, early childhood education being one of them. The program is designed to help students prepare for future careers with classes offered at area high schools. Fairmount's Early Childhood Center houses the program in which Melissa participated.

"I've always wanted to teach, and I have a passion for making learning fun," she explains. With her classroom at Bryden filled with 22 first graders, she believes she's achieving her goals. She explains how elementary school provides the major building blocks for the future, so she sees her mission as helping to create

a sense of self and excitement for learning among her students.

Before arriving in Beachwood this fall, Melissa taught special education, then second and third grades at Joseph and Florence Mandel Jewish Day School (the former Agnon School) for two years. And she filled the past 10 summers with work at the JCC's Playland pre-school camp.

She began establishing a connection to the Beachwood community in ninth grade when she arrived as a new student, fresh from the Mandel Jewish Day School. By jumping right in to sports, she quickly developed friendships, and her extra-curriculars grew to include cross country, track and basketball.

Her radar had been up for a position in Beachwood, and when one opened up, she eagerly pursued it, without regard for the grade level. As an elementary school teacher, she understands that one needs to be flexible and willing to teach the grade where the needs lie.

"You need to mold yourself to what you are given and work with what's there."

She finds her first graders very enjoyable, and she's struck by the variety of personalities in her class, including students from China, Japan and Dubai, among others. With such cultural range, she celebrates the diversity with an event every Friday when a parent spends time in the classroom telling stories and allowing students to sample native food.

Melissa also takes delight in the funny things that first graders are wont to say. One calls her "Ms. Freedom." Another has said, "I love you!"

For those thinking about teaching, Melissa's an absolute advocate of the two-year Excel TECC program. Half of each day is spent in BHS classes with the balance spent learning about teaching. "The experience provides a good grasp on what it's like to be a teacher by being around different types of students."

"The program helped get me to where I wanted to be." And now, Bryden is the beneficiary.

NERISSA DARVIN, Class of 2009



here is one definitive reason why Nerissa Darvin, age 24, is now a 5th grade math teacher here: Shelly Lewis, her own 5th grade math teacher at Hilltop, had made a stunning impression and ignited her interest in pursuing a career in education.

Nerissa completed her senior search project with Shelly and stayed in touch with her after graduation. When Shelly revealed to Nerissa that she would be retiring at the end of the 2014-15 school year, Nerissa did not hesitate to begin the application process for the position.

"You do not pass up a dreamcome-true story," she says with tremendous conviction.

for two years in Nashville, where she was very happy, loved the weather and really wasn't looking for another opportunity. But then her plans changed.

"My first round of interviews was with Ms. (Carole) Katz, and I started crying! I became emotional because I felt it would be so incredible to come back and replace the person who made me want to teach. But it was so embarrassing! I thought I blew it. Then I called my mom and started bawling again when I told her what happened."

The whirlwind continued when a text appeared from (then-Assistant Superintendent) Robert Hardis, asking about the number of hours she had completed toward her Master's degree, which she will earn in about a year from Cleveland State reached a climax when he requested her email address to send her an "intent to hire" document.

"It was the best feeling in the world because it was Beachwood.

The reaction to learning of an open teacher position in Beachwood: "You do not pass up a dream-come-true story."

And at that point, I could tell everyone!"

When her contract was officially approved, she says she received many emails and text messages from teachers who were welcoming her to the staff.

"It made me feel so good to see everything come around full circle!"

While in high school, Nerissa was vice president of her class, served on the yearbook staff and graduated magna cum laude. "I worked my tail off."

"I always loved school - I was super nerdy about how much I was into it," she adds in her characteristically enthusiastic manner.

Her journey after BHS took her to Vanderbilt University, where she earned a B.S. in elementary education and graduated summa cum laude. Before her departure, though, she describes having a deep-felt attachment to this community.

"During the 'senior superlative' She had been teaching 4th grade voting at the end of senior year, kids were nervous that they would get picked as 'the most likely to return to Beachwood.' I didn't get it, and I wasn't sure then where I would end up, but I did always know that Beachwood was my long-term goal."

> And now that she's here, she's found transitioning to a peer relationship with her former teachers to be "exciting, yet strange." Most cumbersome, of course, is addressing them by their first names.

When she faced her own students at the beginning of the school year, she happily introduced them to her personal history with Beachwood. She told them that she has vivid memories of her time in Hilltop's halls, but some of her favorite recollections relate to the start of school.

"I loved getting new school sup-University. After her reply, the drama plies and writing down homework assignments," she says. "I was so into school."

> She clearly continues to carry that torch, with Hilltop's students now reaping the rewards.



Stephanie chose Cuyahoga Community College (Tri-C®) for its convenience and affordable tuition. Her credits transferred seamlessly to Kent State University, where she began as a junior. Tri-C has allowed Stephanie to save money on the way to completing her bachelor's degree in four years.

Eastern Campus 4250 Richmond Road Highland Heights, OH 44122 tri-c.edu 216-987-6000



VOTE NOVEMBER 3RD

Martin S. Horwitz

Beachwood City Council



Accomplishments, endorsements, and vision at:

HorwitzforBeachwood.com

Paid for by Committee to Re-Elect Martin S. Horwitz, David B. Ostro, Treasurer

Life, Made Easier "I found it ALL in one place!"



Menorah Park Center for Senior Living One Campus. Many Solutions. One Person at a Time.

- Marcus Post Hospital Rehabilitation
- Home Health Services Skilled nursing and personal care
- Outpatient Occupational & Speech Therapies
- The Peter B. Lewis Aquatic & Therapy Center Aquatic and land-based physical therapy
- Adaptive Living Shoppe Emergency response and daily living products
- Door-to-Door, Non-Emergency Medical Transportation
- Adult Day Center Daytime personal care and enrichment
- Housekeeping Plus Light housekeeping and heavy cleaning service
- Dialysis
- Menorah Park Aging Resources Information at your fingertips
- Center 4 Brain Health Support, education, assessments

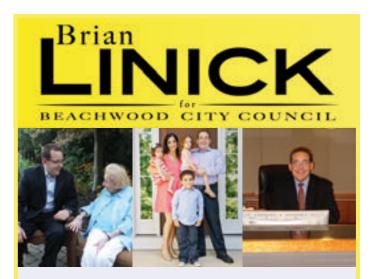


Residential Options:

The R.H. Myers Apartments • Stone Gardens Assisted Living Residence • Wiggins Place Assisted Living Residence

- Menorah Park Skilled Nursing Home
- Helen's Place Memory Care Apartments www.menorahpark.org

27100 Cedar Road • Beachwood, OH 44122 Call Beth Silver at 216-839-6678



Dear Neighbor,

I respectfully ask for your support and vote on November 3. I am committed to serving our community with integrity, vision, and passion. As a member of City Council I will work tirelessly on behalf of all Beachwood residents.

My wife, Alison, and I are focused on the future. We are excited about raising our three children in the community that I have been privileged to call home for the past 37 years. Now, as Beachwood celebrates its 100th Birthday, our city is in need more than ever of leaders focused on the future. I am committed to restoring trust in our local government and working to ensure that Beachwood's best years still lie ahead. Now is the time to vote for the future of Beachwood!

Respectfully,

Brian Linick

Vote for Brian Linick on Tuesday, Nov. 3



www.BrianLinick.com

Paid for by the Committee to Elect Brian Linick Andrew Spitz, Treasurer, 28705 Hurlingham Road, Beachwood, Ohio 44122

Rocker Eddie Money to Help Local Animal Rescue!

Last January, Barkley Pet Hotel creator and entertainment industry executive Howard Perlmuter produced Rock & Roll to the Rescue - a musical evening (starring Chubby Checker) to raise money for the homeless animals of Geauga Humane Society's Rescue Village. The sold-out, inaugural event was so successful, Perlmuter immediately began working on an encore.

As a result, on Sunday, Nov. 8, legendary Rocker Eddie Money will headline Rock & Roll to the Rescue (Part 2) at the Hard Rock Rocksino – Northfield Park. It will be the first Rocksino appearance for the multi-platinum artist known for hits such as Two Tickets to Paradise, Take Me Home Tonight, and Baby Hold On.





In addition to Money's headlining performance, many other celebrity guests are slated to share the spotlight as well.

While Perlmuter prefers to keep his celebrities a surprise, so far we have learned appearances are scheduled for Fox 8's Dick Goddard, recording artist Aleem, Brown's mascot Swagger and more. Word also has it that the three-hour spectacular will be hosted by the original MTV DJ, Nina Blackwood, who may be heard daily on Sirius/XM's 80's on 8 channel.

Once again, proceeds from the evening will benefit the dogs, cats, horses and other animals of Rescue Village. At Rescue Village, animals are cared for until they find a new home and are never euthanized due to age, special needs or lack of space. 100% of the care of these animals comes from private sources and donations.

Ganley Subaru of Bedford will again sponsor the gala. Michael Friedman, also known as the "Ganley Man," says, "Subaru is a very pet-friendly company and we extend those beliefs as a pet-friendly dealership." As a proud supporter of many charitable organizations, he adds, "This event is truly one-of-a-kind and puts the fun back in fundraising."

Rock & Roll to the Rescue (Part 2) will take place Sunday, Nov. 8 at the Hard Rock Rocksino – Northfield Park. A pre-show cocktail fundraiser will begin at 6 pm with showtime set for 7:30 pm. Tickets start at just \$25 and are available at the Rocksino box office or via any Ticketmaster outlet. Attendees must be 21 and over.

Perlmuter says, "Part 2 will be a unique extension of the prototype." He goes on to promise, "a great show for an even better cause."

As a result, on Sunday, Nov. 8, legendary Rocker Eddie Money will headline Rock & Roll to the Rescue (Part 2) at the Hard Rock Rocksino - Northfield Park. It will be the first Rocksino appearance for the multi-platinum artist known for hits such as Two Tickets to Paradise, Take Me Home Tonight, and Baby Hold On.

Beachwood PTO Clipboard

BOXTOPS: Please remember to save your box tops and drop them off at the elementary schools.

GARAGE SALE: Start saving your belongings now the Beachwood PTO garage sale is returning spring of 2016.

Wednesday Night Wellness Series

Diabetes Management: Keeping Up with Your Active Life Wednesday, Nov. 11 • 6 pm **UH Ahuja Medical Center**

Today, one of every four people with diabetes doesn't know they have it - that's nearly seven million Americans. Many of our lifestyle choices influence our risk of getting diabetes. Everything from whether you smoke, to how much or how little you exercise, matters. What you choose to eat and drink also can increase your risk.

Please join Stephen J. Burgun, MD, and Joann Mraz to find out more about prevention techniques, treatment options and what living with a diabetes diagnosis really means.

Dr. Burgun is a practicing endocrinologist at University Hospitals. He is the Division Chief of

Endocrinology at UH Ahuja Medical Center and the Medical Director of Endocrinology at UH Geauga Medical Center. He is board-certified in internal medicine, endocrinology, diabetes and metabolism.

Joann Mraz, a diabetes advocate, has over 15 years serving 22 counties in Northeast Ohio in the role of Director of Mission Delivery for a national diabetes nonprofit. Joann's company, Blue Iris Consulting, focuses on "Bridging Awareness and Action" regarding health and wellness to educate, engage and enable individuals to take ownership of their health.

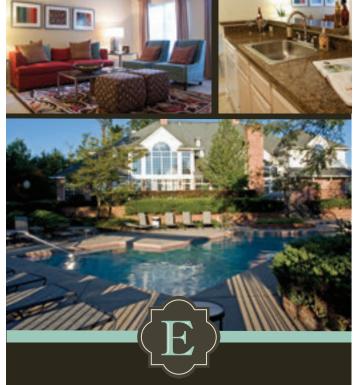
Whatever your risks are, there is plenty you can do to delay or prevent diabetes including managing your blood pressure, keeping your weight within a healthy range, getting 30 minutes of daily exercise and eating a balanced diet. When left untreated or not properly managed, diabetes can cause serious health complications such as heart disease, nerve damage, blindness, kidney failure and, in severe cases, lower-extremity amputations.

Free to the public. Food and refreshments will be provided in the Enid B. and David M. Rosenberg, MD Conference Suite. To register, email AhujaWellnessProgram@UHhospitals.org or call 216.285.4069.

Please join Stephen J. Burgun, MD, and Joann Mraz to find out more about prevention techniques, treatment options and what living with a diabetes diagnosis really means. ng a balanced diet.







EASTHAVEN

AT THE VILLAGE

Join Us for an Open House

Saturday, November 14 from 10:00am-1:00pm

Refreshments will be provided. Take a tour of the community and be entered in a drawing to win a \$100 gift card!

Lease an apartment on November 14 & receive a waived application fee & reduced deposit of \$250 (with qualified credit)

1, 2 & 3 Bedroom Apartment Homes Starting at \$1,245/Month*

*Rents subject to change without notice.

888.839.9062

For current pricing & availability please visit:

EASTHAVENATTHEVILLAGE.COM 26900 AMHERST CIRCLE • BEACHWOOD, OH 44122

FORESTCITY **(**

STORIES

You're invited to join us for our 37th Annual Meeting



FEATURING IVAN SCHWARZ President and CFO Greater Cleveland Film Commission

Master of movie and television production, Ivan Schwarz is well known for his work on HBO's Emmy Award-winning Band of Brothers miniseries. He is the driving force behind the filming of box office hits in Cleveland, including The Avengers, Draft Day, and Captain America: Winter Soldier.



WITH SPECIAL GUEST JAMES MADIO Actor, Producer, Director and Writer

A two-time Best Actor Award winner, James Madio is most recognized for his role as Sgt. Frank Perconte in the Band of Brothers miniseries, and as "Stosh" in the 2014 film Jersey Boys. His career extends to behind the camera where he has produced the awardwinning independent projects, AppleBox, The Box and Love Lies Bleeding.

Tuesday, November 17, 2015

Reception: 5 p.m. Program: 5:30 p.m. Cleveland Convention Center Grand Ballroom 300 Lakeside Avenue East, Cleveland, OH 44114

FREE AND OPEN TO THE PUBLIC

- Complimentary Valet Parking
- Hors d'oeuvres, Wine and Beer Served
- To RSVP, please call 216.383.5291 or visit hospicewr.org/story



























BHS Students Named National Merit Semifinalists, Commended Scholars

The Beachwood Board of Education is proud to recognize two Beachwood High School seniors who qualified as semifinalists in the 61st annual National Merit Scholarship Program. Bagatur Askaryan and Junyoung Lee are two of the 16,000 semifinalists who qualified across the country. These academically talented high school seniors have an opportunity to continue in the competition for some 7,400 National Merit Scholarships worth more than \$32 million that will be offered next spring. To be considered for a Merit Scholarship® award, semifinalists must fulfill several requirements to advance to the finalist level of the competition.

In addition to Bagatur and

Junyoung's accomplishments, nine seniors were recognized with National Merit commendations. They are: Paul Corty, Clarissa Djohari, Henry Grasso, Madeline Haas, Inkyu Kim, Hannah Leland, Emily Melzak, Simon Perilla and Srividya Uppalapati.

The National Merit Scholarship Program is an academic competition for recognition and scholarships that began in 1955. High school students enter the National Merit Program by taking the Preliminary SAT/National Merit Scholarship Qualifying Test and by meeting program entry and participation requirements. Of the 1.5 million entrants, 50,000 students with the highest PSAT/ NMSOT Selection Index

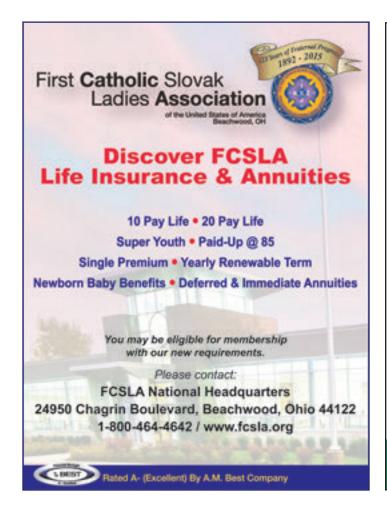
scores qualify for recognition in the National Merit Scholarship

Program as either a commended student or semifinalist.



Pictured are National Merit semifinalist Junyoung Lee and commended students Paul Corty, Henry Grasso, Madeline Haas, Inkyu Kim, Hannah Leland, Simon Perilla and SriVidya Uppalapati with Superintendent Bob Hardis, Dr. Ed Klein, BHS Principal, and School Board Members Mitch Luxenburg, president; Dr. Brian Weiss, vice president; Joshua Mintz and Steve Rosen.

Not pictured: Bagatur Askaryan, Clarissa Djohari and Emily Melzak.





BHS Celebrates City's Centennial

The Beachwood High School Marketing and Junior Achievement Program has been committed to making a difference in the local community, state and globe through a variety of projects over the last ten years. Last year, in conjunction with the City's Centennial, the students created the 100 Leaves Project. The project was dual focused, a public art exhibit, which featured six foot tall fiberglass beech leaf sculptures and the re-population of the beech trees that Beachwood was named for, of which fewer than 10 remained in Beachwood in 2015. This past spring, the City of Beachwood planted 100 beech trees on city land and during homecoming weekend, the first of 45 additional beech trees were planted at Beachwood High School and Middle School.

The 45 trees will be assets to Beachwood that will increase in value as the trees grow taller and stronger. Annually, each tree will contribute more than \$350 in economic benefits, including: decreased storm water run off, improved air quality, increased property values, electricity savings and carbon dioxide reduction. Together, the 45 trees will contribute more than \$16,000 in economic benefits and with a lifespan of 200-300 years, should realize over \$3.2 million dollars in savings. In addition, the trees will eliminate over 270 tons of CO2.

A sincere thank you to the sponsors of the 100 Leaves Project for their commitment

to and investment in entrepreneurship at Beachwood High School. The Beachwood High School Marketing and Junior Achievement Program is led by Gregory Perry. Karen Carmen, Beachwood Community Services Director, is an advisor to the class.



Standing, from left: Joylen Perkins (Brush), Meredith Lichtcsien (Solon Alumni), Steve Rosen (School Board), Alec Isaacson (City Council), Dr. Ed Klein (BHS Principal), Mayor Merle S. Gorden, Bob Hardis (Superintendent), Josh Mintz (School Board), Jackson Webster (CEO, Chagrin Falls), Michael Carovac (West Geauga), Michael Archiable (West Geauga), Dr. Brian Weiss (School Board) Lindsey Mink (Brush) and Camiron Shimrak (Chagrin Falls). Kneeling, from left: Sophie Schoen (Beachwood), Joseph Vinci (Chagrin Falls) and Shelby Deacon (West Geauga).



Upcoming Jewish Federation of Cleveland Events

The community is invited to attend these upcoming Jewish Federation of Cleveland events. For more information or to register for the events below, please visit www.jewishcleveland. org. Programs are held at the Jewish Federation of Cleveland; Jack, Joseph and Morton Mandel Building in Beachwood, unless otherwise noted.

Gallery Open House: Amnon's Workshop • Sunday, Nov. 8, 1-4 pm Gallery Talks with the artist at 1:30 and 3 pm • Roe Green Gallery

Please join the Jewish Federation's Cleveland Israel Arts Connection for a free Open House of "Amnon's Workshop," a new exhibition by celebrated Cleveland photographer, Daniel Levin, M.F.A.

Chanukah in a Basket

Donation drop-off through Friday, Nov. 13, 8 am - 6 pm Share the light of Chanukah by donating gifts to our Jewish community's neediest children and families. Visit www.jewishcleveland. org for a list of suggested items like toys, books and games. Gifts will be distributed to families through day schools, synagogues and other local organizations that care for those in our community who are undergoing financial distress.

YLD Big Event

Saturday, Nov. 14, 8:30 pm Cleveland Convention Center, 300 Lakeside Ave. E., Cleveland Connect with 300+ Jewish Clevelanders in their 20s, 30s, and 40s. Join the Jewish Federation of Cleveland's Young Leadership Division to celebrate our community and strengthen the 2016 Campaign for Jewish Needs.

Be part of something bigger! \$55/person.

Tzedakah Party • Sunday, Nov. 22, 9:30 – 11:30 am

Teach your children the value of giving this Thanksgiving at the Jewish Federation of Cleveland's Tzedakah Party! Join the party with these family-fun activities: Arts and crafts, PJ Library® story time, kid-friendly snacks (kosher dietary laws observed), music and more! Ideal for families with children 4 years and younger. Older siblings and grandparents welcome.

Pictured top: Ben Milgrom, Andy Isaacs, Aaron Krieger, Taryn Isaacs and Natan Milgrom toast to a great night at last year's YLD Big Event! Bottom: Having a blast at the 2014 YLD Big Event are Jordan and Rochie Berkowitz, Ben Milgrom, Margaret and Jonathan Frankel, and Halle and Eric Kogelschatz.

Sample foods from the area's finest restaurants and caterers at **Taste of Beachwood**

November 3 • 5-7:30 pm • Embassy Suites – Beachwood For ticket information, visit www.beachwood.org.



SHE IS ONE OF US AND WE ARE JEWISH CLEVELAND.

WE CARE FOR JEWS WHEREVER THEY ARE

70,000 Jews are estimated to live well below the poverty line in Ukraine, where violence has erupted and conflict

continues. That's why we work with our international partner, the Joint Distribution Committee (JDC), to offer a lifeline to basic needs. For tens of thousands of destitute seniors and families living across the globe and around the corner, we provide essentials like food, medicine, and home care. We are caring for family members we have never met. When we work together none of us are alone.





WWW.JEWISHCLEVELAND.ORG

10th Annual BHS PTO

Unique Boutique

The Beachwood High School PTO Unique Boutique is an arts and crafts holiday boutique, featuring the work of local artists. The event is a fundraiser for the Class of 2016's After Prom. Several local artists will be selling a variety of items, including ceramics, wearable arts, jewelry, specialty items and gift items, for the upcoming holiday season.

The Unique Boutique will be held on Sunday, Nov. 15, 10 am to 4 pm at Beachwood High School. It is a great way to support the BHS senior class and also complete a lot of holiday shopping! Local vendors also donate one item that is used in a silent auction during the event. The proceeds of the day go to the 2016 After Prom; which is held each year to provide students with a fun, safe atmosphere to continue their prom festivities.

Admission is \$3 for adults: 12 and under are free. For more information, Nancy Rich Eisenberg may be reached at Beachwooduniqueboutique2015@gmail.com.

Skyzone Fundraiser Benefits Kids in Sderot

Andrew Baker, Drew Dubin, Jordan Levin and Ethan Winger invite you to Skyzone to help raise funds for their joint Bar Mitzvah project, "Soaring for Sderot," to benefit children in Israel.

Instead of undertaking individual projects, the young men have joined forces to plan one big FUNdraiser event and your children can help!

On Tuesday, Nov. 3, Beachwood schools are closed due to election day, and your children can join in the fun(d) with a \$20/ticket donation. Each ticket is good for 90 minutes of jump time at Skyzone/Highland Heights, pizza and drinks, between 11:30 am and 1:30 pm.

Proceeds will benefit kids in Sderot, a town located on the Israel-Gaza border that is under constant attack by terrorists. Funds raised will be donated to the Jewish National Fund (JNF) to support an underground playground/bomb shelter that will provide a safe place for children in Israel during the rocket bombardment.

For tickets or more details, please contact Marci Baker at 216.593.0321 or any of the boys. To make a donation without purchasing a ticket, visit http://tinyurl.com/Soaring4Sderot.Their goal is \$1,800. Thank you for your consideration in supporting this great cause.

Instead of undertaking individual projects, the young men have joined forces to plan one big FUNdraiser event, and your children can help!



Pictured from left: Ethan Winger, Drew Dubin, Andrew Baker and Jordan Levin



Dave Cunix 216.292.8700

Self Employed? Small Business? We Have Health Insurance For You!

Bogart Cunix & Browning, LLC INVESTMENT MANAGEMENT & INSURANCE SERVICES

5900 Landerbrook Drive #201 • Mayfield Heights thecunix@bogartcunix.com • www.bcandb.com

The Gathering Place Warehouse SHOP FOR THE HOLIDAYS

Beautiful Home Furnishings & Home Accessorie

Saturday, Dec. 5 • 9 a.m. – 2 p.m. Sunday, Dec. 6 • 10 a.m. – 1 p.m.



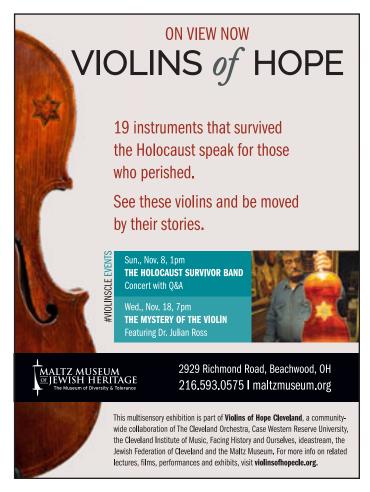


Great Finds! Come Shop with Us!

Cash or Credit Card Only

Proceeds help The Gathering Place support, educate & empower those touched by cancer through programs and services provided free of charge.

For more information, call 216-595-9546 or visit www.touchedbycancer.org/warehouse.



OUR SUCCESS IS IN OUR PHILOSOPHY.

At Ganley Subaru of Bedford we exceed your expectations on every level by following a few simple rules.



Here are our blueprints for success:

- Surround yourself with positive people. All my salespeople wear a smile to work every day.
- Our customers always come first. Our motto is: you can always replace a car, but you can never replace a customer.
- You must offer competitive pricing. You can always get an amazing deal at Ganley Subaru of Bedford.
- You must have a good product. Every Subaru model is designed with Symmetrical All-Wheel Drive and features that are important to you; from fuel efficiency to cargo space, and many comforts to help you love every day's journey.

Michael Friedman

\$21,745 MSRP*

36/26 MPG* hwy/city

- 2.5-Liter SUBARU BOXER* 4-CylinderLineartronic*
- Continuously Variable Transmission (CVT)
- Symmetrical All-Wheel Drive

ONLY 4 AVAILABLE
AT THIS PRICE!



2016 **LEGACY** 2.5 i

Code GAB 01

2016 FORESTER 2.5 i

\$22,395 MSRP*

32/24 MPG* hwy/city

- 2.5-Liter 4-Cylinder Engine
- Manual 6-Speed Transmission
- Symmetrical All-Wheel Drive

ONLY 2 AVAILABLE
AT THIS PRICE!



Code GFA 01

Plus tax, title, registration, and \$250 documentary service charge. Mileage stated is EPA estimated fuel economy. Your actual mileage may vary. A proud member of the Ganley Auto Group. The Ganley Auto Group is an association of independently operated automobile dealerships dedicated to providing value and service to our customers and communities. Offers valid thru 12/5/2015.

CELEBRITY BIRTHDAYS

Nov. 8 Tara Reid (40)

Nov. 12

Mary Hart (64)

Nov. 9 Nick Lachey (42) Lou Ferrigno (64)

Nov. 10 MacKenzie Phillips (56)

Nov. 11 Leonardo DeCaprio (41) Demi Moore (55)

Calista Flockhart (51)

David Schwimmer (50)

Nadia Comaneci (54)

Neil Young (70)

Sammy Sosa (46)

Nov. 13 Whoopi Goldberg (60)





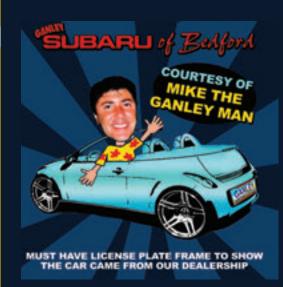
Stop in and see
Gary Axelband and
Tom Luxenberg,
your Beachwood Connections!



All of us at Ganley wish you and your family a happy and healthy Thanksgiving.

Don't be left out in the snow!

COMPLIMENTARY VALET PARKING
AT ETON AND LEGACY VILLAGE
FOR ALL CAR OWNERS OF VEHICLES FROM





WE ARE HERE TO SERVE YOU!

Linda Blumenthal, Michael Friedman, Jeremy Eisenberg and Larry Boro.



Where Everybody Goes for a Great Deal! 123 Broadway On the Bedford Automile



Shop 24 hours a day at www.ganleysubaruofbedford.com! 888.470.5296



JFSA helps older adults remain in their own home with a range of quality services including skilled nursing, physical therapy, and home health aides.

Speak to one of our professional staff today.



216.378.8660 www.jfsa-cleveland.org

Private pay and most insurance accepted. Fees may be covered by Long Term Care Insurance, PASSPORT, My Care Ohio, Medicaid, Holocaust Survivor subsidies and other subsidies. Ask the JFSA staff for more information.

Beachwood Arts Council Programs

Masked Portraits: The New Art of Gene Kangas

Thursday, Oct, 29 through Friday, Nov. 20 **Beachwood Community Center** Gallery Hours: Mon. - Fri. 10 a.m. - 4 p.m.; Sat. 10 a.m. -3 p.m.; Sun. 10 a.m. - 1 p.m.

Group tours with the artist are available and may be accompanied by an interactive experience with an art therapist from **UH Rainbow Babies &** Children's Hospital.



A portion of the art sales will be donated to the BAC and UH Rainbow Babies & Children's Hospital.

The Moises Borges Brazilian Jazz Ensemble

Sunday, November 15 • 2 – 3 p.m. **Beachwood Community Center**



Moises Borges is a self taught acoust-electric guitarist and singer born in Brazil. Influences are from his home musical state Bahia and its great blend. He grew up experimenting

with rhythms such as bolero, baiao, xote, afoxe, frevo, forro, and especially samba and bossa nova, which are basic to his performances. Borges is dedicated to broadening the audience for Brazilian music by performing solo and with his band. Free and open to the community. Reception with refreshments to follow.

Chagrin Valley Camera Club

The Chagrin Valley Camera Club meets twice a month from 7 to 9 pm at the Beachwood Library. Here's the schedule:

Tuesday, Nov. 3

Urban Exploring, the searching and photography of abandoned places and buildings, presented by Glen Petranek. His web site is http://photoeye.zenfolio.com/ pixel-mania. Guests are welcome.

Tuesday, Nov. 17

Critique of "Things that Fly," for members only. Guests are welcome to attend.

Raise Your Hands For Milestones **Autism Resources** on December 5

Raise Your Hands for Milestones Autism Resources 2015 Annual Benefit will take place on Saturday, Dec. 5, at the Cleveland Marriott East (26300 Harvard Road). This year, the benefit will honor Joyce Goldberg Fromson, Andrea Kanter Grodin and Donna Yanowitz in recognition of their board leadership and extraordinary service to Milestones, a nonprofit dedicated to educating, coaching, and connecting family members and professionals throughout Northeast Ohio affected by autism. Proceeds from the event directly support local families impacted by autism.

Honorary chairs are Allison and Tom Frazier, Cathy and Larry Goldberg, Diane and Steve Rosen, Kyla and Mitchell Schneider, Barbara and Jon Shane, Margaret and Larry Singerman, Judy and Steve Willensky, and Dara and Alan Yanowitz.

For more information about tickets or advertising opportunities, please visit www.milestones.org. RSVP is encouraged by November 13.

Rebecca's Boardwalk –

Rebecca's Gift, a nonprofit organization that is dedicated to providing family vacations after the death of a child, invites the community to attend its first annual Rebecca's Boardwalk fundraising event on Sunday, Nov. 15, from 2 to 5 pm at Fairmount Temple.

Rebecca's Gift supports and assists the family's healing process by providing a place to reconnect, rebuild and relax.

This family-friendly carnival will feature games, crafts, food, games, mini-golf and prizes; and echoes one of the favorite places of the organization's namesake, Rebecca, who passed away in 2014 from brain cancer at the age of six. Event tickets, partially tax deductible, are available at www.rebeccasgift.org/events/.

For more information, please visit website at www.rebeccasgift.org.



WHAT DO YOU **CONSIDER LETHAL?**

Safe Driving Workshop

Join SAY for an engaging, complimentary program for parents and teens presented by Impact Teen Drivers.

Parent-Teen Safe Driving Workshop

Thursday, Nov. 5, 7 pm The Wuliger Building on Bellefaire JCB's Campus 22001 Fairmount Boulevard **Shaker Heights**

Discussions Include:

- » How to keep your teen safe on the
- » Teen safe driving strategies for the whole family — whether a driver or passenger
- » July 1, 2015 Changes to Graduated Driver Licensing (GDL) teen driving laws

Did You Know?

- » Teens need 50 hours of supervised driving experience with an adult in order to obtain an Ohio driver's license. Ten of these hours must be at night. (Note: A manicurist must complete 200 hours to be licensed in Ohio.)
- » Teen drivers are at the highest risk. The crash rate per mile driven for 16 year olds is 4X that of adult drivers.
- » Having passengers is a serious distraction for teen drivers. Carrying three or more passengers quadruples the risk of a crash for 16 and 17 year olds compared to driving alone.

For Information or To RSVP, contact Nancy Schaumburg, LISW-S SAY Coalition Coordinator, at 216.320.8469 or schaumburgn@ bellefairejcb.org; or visit www.e-say.org.



Cleveland Jewish News presents 18 Difference Makers on Nov. 18

Thirty-six individuals and a Lifetime Achievement Award winner will be recognized on Wednesday, Nov. 18, at 6 pm, when the Cleveland Jewish News presents its inaugural class of 18 Difference Makers at a cocktail reception, featuring food stations and desserts. The event will be held at Executive Caterers of Landerhaven, 6111 Landerhaven Drive in Mayfield Heights. Tickets for the event are \$72 each and may be purchased at cin.org/differencemakers.

The recipients who were nominated by the community must embody tikkun olam – repairing the world - and encourage it among others. Due to the overwhelming number of high-quality nominations, the inaugural class was doubled to 36, or "double chai," which in Hebrew means "life."

"Choosing only18 Difference Makers in this inaugural class wouldn't have done justice to the many who are helping to improve Northeast Ohio's Jewish community," said Kevin S. Adelstein, CJN publisher and CEO. "We were thrilled to receive such an overwhelming response for nominations, and we're even more thrilled to honor these 36 deserving and talented individuals."

Here is the inaugural class of Difference Makers:

- Justin Bachman: Student, Syracuse University
- Samantha Baskind: Professor of art history, Cleveland State University
- Ronald Berkman: President, Cleveland State University
- Jack Bialosky Jr.: Senior principal, Bialosky + Partners Architects
- Bart Bookatz: President, Berkowitz-Kumin-Bookatz Memorial Chapel
- Michael Cantor: Managing director/principal, Allegro Realty Advisors Ltd.
- Jennifer Chestnut: Vice president of campus partnerships at Hillel International
- Nan Cohen: Partner, Creekside Financial Advisors LLC.
- Barry Feldman: President, Kottler Metal Products, Inc.
- Matthew Fieldman: Vice president of external affairs, MAGNET
- Margaret Frankel: Owner-dentist, Richards Frankel Dentistry
- Debbie Friedman: Family Place coordinator at Mandel Jewish Community Center
- Peter Friemark: President, Century Framing
- Mia Buchwald Gelles: Operations director, Milestones Autism Resources
- · Erika Gold: Retired
- · Anita Gray: Regional director, Anti-Defamation League
- · Lisa Hacker, Director, women's philanthropy at the Jewish Federation of Cleveland
- Jill Helfman: Partner, Taft, Stettinius, & Hollister LLP
- David Heller: Principal, The NRP Group LLC
- · Esther Cohen Hexter: Community Volunteer, Jewish educator
- Larry Kadis: CEO and president, Federal Equipment Co.
- Ruchi Koval: Associate director, Jewish Family Experience
- Rabbi Yossi Marozov: Executive director, Friendship Circle
- Enid Rosenberg: Community volunteer leader
- Debbie Rothschild: Director, The Montefiore Foundation
- · Benjamin Sattin: Attorney, Norchi Forbes LLC
- Bradley Schlang: Partner, Cedar Brook Financial Partners
- Lane Schlessel: Director, Ohio Chapter of of the Friends of Israel Defense Forces
- Ilana Hoffer Skoff: Executive director, Milestones Autism Resources
- · Heidi Solomon: Program coordinator, Horvitz YouthAbility program of Jewish Family Service Association of Cleveland
- Jerry Isaak-Shapiro: Head of school, Joseph and Florence Mandel Jewish Day School
- Rabbi Zachary Truboff: Spiritual leader, Oheb Zedek-Cedar Sinai Synagogue
- Steve Weinberg: President and CEO, Weinberg Wealth Management, LLC
- · Chuck Whitehill,: Retired
- Jerry Zahler: Commercial real estate developer, Zahler Realty
- · Dan Zelman: CEO, Paro Services

The Lifetime Achievement Award winner is Harlan Diamond, CEO of Executive Caterers, who will be introduced by U.S. Sen. George Voinovich.

Case Western Reserve University Weatherhead School of Management in Cleveland and Classic Lexus are co-presenting sponsors. Ganley Bedford Imports and Kottler Metal Products are supporting sponsors. WKSU-FM 89.7 is the media partner of the event.



For the Complex **Legal Issues Facing Families Today**



- Divorce
- Dissolution
- Child Support
- Child Custody
- Negotiated **Settlements**

Alice Rickel Associates Attorneys at Law Alice Rickel, LLC

3690 Orange Place • Suite 440 • Beachwood www.rickelaw.com • 216.831.1434

GET THE RETIREMENT YOU WANT

IT'S NEVER TOO SOON TO START PLANNING.

Many of us have a clear vision of our retirement years. Yet, a surprising number of people have no idea how they'll turn that vision into reality. The fact is today's retirement takes more than savings and Social Security. It requires a financial plan that addresses your needs, wants and how you'll pay for them. That's where we can help. Together, we'll create a plan to help fund the retirement you envision.

LIFE WELL PLANNED. Contact us to get started.



Raymond James & Associates, Inc. Member New York Stock Exchange/SIPC



www.davisfrayman.com



The Beachwood Fraternal Order of Police Lodge 86 thanks the following businesses and individuals for their generous donations to the FOP Lodge

Gold Supporter



Millennium is a local Beachwood business whose continued support benefits the Beachwood FOP Lodge 86 operations and police officers.

Silver Supporter





CBRE is a commercial real estate company whose relationship with ddr, Inc., a Beachwood real estate firm, provided the ability for the Beachwood FOP Lodge to benefit members of a local church.

Bronze Supporter





Mr. Daniel Barnett

The Beachwood FOP Lodge 86 expresses its gratitude to Mr. Daniel Barnett and International XS Program Managers, a Beachwood business, for their generous support. A special thank you goes out to Target in University Heights for its amazing support of our Shop-With-A-Cop event.

A special thank you goes to Valenti's restaurant for opening its doors to host a clambake for members of the Beachwood FOP Lodge 86 and their families. Food was excellent and wait staff was incredibly accommodating. The Valenti's are staunch supporters of law enforcement and are appreciated within our community.



Beachwood Fraternal Order of Police Lodge #86 Hosts Shop With a Cop

As part of its mission, Beachwood Fraternal Order of Police Lodge #86 enjoys giving back to our community. As such, FOP members recently hosted a Shop-With-A-Cop event to benefit children who attend St. Marks Presbyterian Church, located in Beachwood.

Shop-With-A-Cop was coordinated by Kevin Owens, FOP Lodge #86 vice president, and funded by DDR.

On three separate occasions, the St. Marks congregation prepared homemade holiday meals for on-duty Beachwood police officers; so when Shop-With-A-Cop was incepted, Reverend Carmen Cox Harwell was contacted to see if she had congregants who could benefit.

"The idea was created to advance social, charitable and educational undertakings among police officers, as established in our bylaws," Owens told us.

Shop-With-A-Cop took place on Saturday, Sept. 26, and was a great success. There were tears of appreciation, personal stories shared and gratitude felt from the personal bonds made between officers, kids and their families after the kids selected winter coats, shoes, clothes and some fun items. Following the event, officers, kids and their families enjoyed snacks at the Target café.

Special thanks to Target, and Target's Charles Donaldson, executive team leader of guest experience, for orchestrating this program and preparing gift bags for the children of St. Marks.

Additional thanks to CBRE, a commercial real estate firm; DDR and DDR CEO. David Oakes, for making this event possible.

Beachwood FOP Lodge #86 also thanks Reverend Carmen Cox Harwell of St. Marks Presbyterian Church and participating FOP members.

Any Beachwood-based or other local business that wishes to contribute to the endeavors of the Beachwood FOP Lodge #86, please contact Officer Preston LaFrance, lodge president, at 216.464.2343. The FOP's relationships with local businesses allow it to assist the community in accordance with its bylaws.



Pictured: Beachwood FOP Lodge #86 members enjoyed their Shop-With-A-Cop experience with congregants of St. Marks Presbyterian Church.



A Leikin Motor Company



Stop in Today!
Our 2016 Models Have Arrived.

End of the year means the best time of the year to turn your dream Mercedes-Benz into your new Mercedes-Benz



THE LEIKIN LUXURY PACKAGE

Complimentary upgrade for personalized license plates at time of purchase Valet Service available, including pickup and delivery of your vehicle*

*At either your home or workplace with an appointment and within an approximate 50-mile radius of Leikin Motors Companies.

Two complimentary car washes per month • Complimentary Wi-Fi- in our customer lounge We work without walls

38750 MENTOR AVE. RT.20 | WILLOUGHBY Only 15 min. from Cedar & I-271 LEIKINMOTOR.com 440-946-6900







Music! Music! Music!

Don't miss Music! Music! Music!, sponsored by Park Synagogue Senior Adults and B'nai Jeshurun's Hazak Group, on Sunday, Nov. 15, 3:30 pm, at Park Synagogue East, 27500 Shaker Blvd., Pepper Pike, featuring the Laura Varcho Trio in an upbeat musical program. The event concludes with a table-served dinner.



The Laura Varcho Trio, made up of vocalist Laura Varcho, premier jazz pianist Joe Hunter, and bass-player Bryan Thomas, will play a wide variety of music from past and present eras, including songs from Gershwin, Porter, Lloyd Weber, and many other talented composers. There will be something for all music lovers to enjoy!

The event is open to people of all ages in the community. Cost is \$30 per person for community members. Prepaid reservations are required by November 6. For registration information, please contact Ellen Petler, Park Synagogue program and volunteer director, at epetler@parksyn.org or 216.371.2244, ext. 122.

> Don't miss Music! Music! Music!, featuring the Laura Varcho Trio in an upbeat musical program.

About the Hebrew Free Loan Association

by Michal Marcus, HFLA Executive Director

As I sat at the Western Reserve Historical Society reading through log books dating back to the first decade of the last century, it amazed me how one organization could remain so relevant, even 111 years after its inception.

The Hebrew Free Loan Association (HFLA) of Northeast Ohio's core belief that people would rather have a hand up than a handout continues to inspire the more than 26,000 recipients of the organization's interest-free loans.

"Our model of lending small amounts of money to those who cannot qualify for conventional bank loans still raises eyebrows in some sectors, with people not understanding how we manage to operate," said HFLA Executive Director Michal Marcus. "Even after economist Muhammad Yunus and his Grameen Bank received the Nobel Peace Prize in 2006 for establishing micro lending in Bangladesh, beginning in 1976, our non-sectarian lending and our interest-free model continues to fly under the radar, although we started more than 70 years before Grameen Bank."

Perhaps the reason is that most people do not perceive the need for our services. HFLA is not incorporated as a bank, and our community would prefer to believe that it does not have the same needs as a developing country like Bangladesh. The truth is, however, that for many Northeast Ohioans, one paycheck can stand between their families and financial ruin.

This is where HFLA comes in. Following Biblical precepts (Exodus 22:24), HFLA provides interest-free loans to people in need who, typically, may be considered high risk and unqualified for conventional bank loans. That being said, the HFLA default rate is only 3%.

"How do we do this? We listen to people and try to understand their story," Marcus told us. "We build relationships, examine applicants' income and expenses, and make a loan determination based on our belief that they will repay it so that the next person in need will have access to these

Lynda Hirsh was living at Sherri Park when the fire broke out, and overnight she had to figure out how to move. Her insurance had lapsed and she didn't have the extra income for this unforeseen event. HFLA was there to help her with an interest-free loan so she could relocate and start afresh.

And here's a story from Jane, who shared the transformative impact of interest-free loans on the lives of her children:

"HFLA has been an enormous blessing to my family. As a single parent with three children, the collapse of a 20-year marriage and a family business failure left me facing huge financial stresses as I attempted to rebuild our lives.

"As a teacher, I know the value of education. When my son wanted to attend college, I could not

secure a traditional bank loan. HFLA lent our family the money to fill in the gaps that the three jobs I was holding could not fill. My son got a job and together we were able to pay his tuition. He continued to thrive at university and today is a successful businessman

"My second son also wanted to pursue a psychology degree. Again, HFLA was there to help him achieve that goal. He is currently a senior and is a published researcher in the field of psychology. He plans to pursue a doctorate in psychology next fall.

"My daughter recently began pursuit of a nursing degree at the University. HFLA was there for our family again.

"Without these loans, my children would not have been able to achieve their dreams. They took the blessing that we were given and used it to set goals and work hard to achieve them. We are grateful for the financial support we were given and hope to someday help others as HFLA has helped us in our time of great need."

For more information about HFLA, visit hflaclev.org.

Come to Party111 and support the next 111 years of interest-free lending!

Saturday, November 14 **Temple Emanu El** 6:30 to 10 pm

On Saturday, Nov. 14, join HFLA to support 111 years of interest-free lending in Northeast Ohio with a sit-down dinner. open bar, live music and silent auction. Meet some of the 25,000 people that HFLA has helped since 1904. This gala takes place from 6:30 to 10 pm at Temple Emanu El, 4545 Brainard Road in Orange Village. Please register by calling 216.378.9042, emailing team@hflaclev.org or visiting hflaclev.org. Sponsorship information is also available.

Beachwood Ph.D Receives Two Publishing Contracts for Two Books... The Same Night

Beachwood resident Brian S. Johnson, PhD, had a night maybe not even Stephen King has experienced.

"I was watching TV with my family and checking email on my laptop," Johnson said. "Suddenly, I told them to pause the show and I read aloud that Lexington Press is going to

publish the book I authored. The contract was attached for my approval."

"My wife screamed so loud at the news that it frightened our youngest to tears."

The book itself is a study of America's use of Nazism postwar in its anti-Communist campaign. It's a look at the way the use of Nazi comparisons began, even just after the war, to describe political enemies and social evils—a trend that has since continued.

Once his family had recovered from the astonishment, his children were about to re-start their show when he said, "Wait, there's something else."

The next email in his queue was also from Lexington Press, announcing that they would publish the collection of essays that Johnson had co-edited with Malcah Effron, Ph.D., from an international scholars' conference about evil held in 2014 at Case Western Reserve University. The contract was attached for the collection, as well.

"Nobody screamed that time," his wife Lynn recounted. "It was too phenomenal to even sink in."

Johnson is an adjunct professor at Cleveland State University in the English department. In a world of publish or perish, receiving contracts for two books simultaneously is a Herculean feat.

"My wife put on her Facebook wall, 'Hey, has Stephen King ever sold two (non-series) books in the same day? Because my husband Brian Johnson just did!"

Call to Artists: 2015/2016 Artist Fellowship program

The Cleveland Jewish Arts and Culture Lab seeks creative practitioners to apply to its 2015/2016 Artist Fellowship program. Founded in partnership with the Mandel Jewish Community Center and the Jewish Federation of Cleveland, about a dozen Cleveland artists are selected to participate each year and create original artwork in the spirit of the theme. The theme is studied through the use of Torah, text study and philosophy, and each fellow receives a stipend of \$750 towards their work.

The group studies together for six months, and an exhibition takes place at the Mandel JCC in the spring.

Fellows have worked in many media, including visual arts, writing, playwriting, music, film and dance. Applications are due November 13. To request and application, please email admin@j-artsculturelab.org.





Caring for those in need never goes out of style. Whether we are feeding the hungry, comforting the sick, or caring for the elderly, our Jewish values have always inspired us to act. Those same values teach us to care for the next generation. By making a legacy gift, you leave your children and grandchildren a precious inheritance and a lasting testimony to your values.

Find out how you can become a member of the Jewish Federation of Cleveland's Legacy Society by contacting Carol F. Wolf for a confidential conversation at 216-593-2805 or cwolf@jcfcleve.org.

L'dor V'dor. From Generation to Generation. Create Your Jewish Legacy

www.jewishcleveland.org



Beachwood Convention & Visitors Bureau VisitBeachwoodOhio.com • 216.378.9333





Beachwood Convention & Visitors Bureau Receives Four Marketing Awards

by Patty Lampert, President

The Ohio Association of Convention & Visitors Bureaus (OACVB) held its 18th Annual Awards of Excellence Luncheon in Gahanna, Ohio on Thursday,

September 17, 2015. At this event, MIDDY Awards were presented for destination marketing and tourism development; and recipients were recognized for excellence in objective, results, creativity and originality. More than 100 entries were received in print, advertising, promotion, social media, TV/Video, website and marketing campaign categories. All entries were judged by a team of experts in the communications, advertising, public relations, publications and/or tourism fields from outside of the OACVB membership. Monica Day, from NBC4, served as master of ceremonies.

The Beachwood Convention & Visitors Bureau (CVB) won four awards for its creative promotion of Beachwood as an overnight leisure destination for dining, shopping and entertainment, as well as for being a great location

for business meetings and events. Awards were given for: the website, ads for Ohio Has It and Ohio Travel Guide, and tour group marketing. Many outstanding marketing projects were submitted for the annual awards competition. Being recognized for a job well-done in the promotion of travel and tourism throughout the state of Ohio is a highly valued achievement.

The Beachwood CVB is honored to be recognized by its peers and to receive these four prestigious awards. The CVB continually works to strengthen the tourism industry in Beachwood and showcase the wonderful amenities in and around the city. We believe once you visit,

"The Experience Will Bring You Back!"

We invite you to explore possible ways the CVB can partner with your company to improve your visitors' experiences and to enhance their perceptions of Beachwood. Please call us at 216-378-9333, or send an email to Patty@VisitBeachwoodOhio.com.

THE NEW CLARION HOTEL

The place to be social with the space to be social.

Dedicated to Providing Top-Notch Service Completely Renovated

Budget Friendly

Deluxe Accomodations

- Full Hot Breakfast
- Free Wifi
- Business Center/Market Place







You invite the guests, we'll handle the rest.

Conveniently located next to the award-winning HYDE PARK STEAKHOUSE, off I-271 at the Chagrin Blvd. Exit

26300 Chagrin Blvd • Beachwood

216-831-5150 • clarionbeachwood.com

Food, Fun & Fashion



The Beachwood Convention and Visitors Bureau thanks the following sponsors and participants for helping to make its third annual Food, Fun & Fashion Week a huge success!





Sponsors:

Beachwood Buzz **Discovery Photo** Lake Erie Knitting Mills **OMNOVA Solutions** Randesign









(pictured from top) Bahama Breeze **Beachwood Historical Society** Beachwood Library (2) **Beachwood Bistro** City of Beachwood and Western Reserve Historical Society Cedar Creek Grille Fred Astaire (at Maltz Museum of Jewish Heritage) Giovanni's Hale Farm & Village NatureVation (at Hotel Indigo) Maggiano's Little Italy The Cleveland Orchestra The Powder Room -Makeup Oasis & Boutique The Pub Tres Potrillos

Valenti's Ristorante

Western Reserve Historical Society

























Beachwood Council Update

MERLE S. GORDEN

216.292.1901

FRED GOODMAN PRESIDENT





216,464,6560



216,291,2797



216.464.1541



216.360.0330



SHRED DAY RESULTS

Thank you to the residents who participated in Beachwood's Personal Shred Day and Habitat for Humanity Drop-Off. Through your good efforts, we recycled more than 4.5 tons of paper and helped save 75 trees, 13.175 cubic yards of landfill and 90 gallons of water. Habitat Humanity also received 141 pieces for their Re-Store, making Beachwood the sixth highest contributing community in the area.



VETERANS DAY PROGRAM

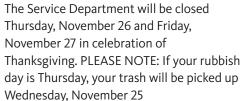
NOVEMBER 8, 2015 • 11:00 A.M. • BEACHWOOD CEMETERY



The Beachwood Historical Society and the City will partner to commemorate Veterans Day at the Beachwood Cemetery. This event will feature dignitaries, local veterans, presentation of the



colors and tours. The Beachwood Cemetery, located near the corner of Green and Halburton Roads, is the final resting place of over 40 soldiers. Join us for a reception at Beachwood Community Center immediately following the commemoration. Free and open to the community.







216.630.9671

MARK I. WACHTER

216.765.1921



City Contact Information

CITY OF BEACHWOOD 25325 Fairmount Boulevard Beachwood, Ohio 44122

216.464.1070 www.beachwoodohio.com



LIKE US ON FACEBOOK www.facebook.com/ BeachwoodOH



FOLLOW US ON TWITTER twitter.com/
BeachwoodOH



FOLLOW BEACHWOOD POLICE ON TWITTER twitter.com/BeachwoodPolice TV PROGRAMMING Time Warner - Ch. 96.20 AT&T U-Verse - Ch. 99

EMERGENCY Dial 9-1-1

CLERK OF COUNCIL 216.595.5493

When you're in Beachwood, you have arrived!

EXCELLENT AUDIT OPINION FROM STATE

NO FINDINGS FOR RECOVERY; NO ISSUES FOUND WITH POOL PASS DISTRIBUTION

The 2014 State Audit Report for the City of Beachwood contained no findings for recovery or non-compliance citations. As part of the Audit, the Auditor further explored issues including the Mayor's issuance of swimming pool passes and other issues.

The Audit indicates the City was either rightfully conducting business within the guidelines of its policies and procedures or has already addressed issues raised in a prior audit.

"The Administration and Council have made several adjustments in recent years, and we have respectfully complied with past recommendations from the Auditor's Office," said Beachwood City Council President Fred Goodman. We are pleased by the audit and related review."

The Auditor's Office issued a management letter addressing nine issues that had been raised and made no recommendations for changes on all but one – involving the use of City meeting rooms by organizations not conducting City business.

The following issues were alleged by some to constitute some sort of wrongdoing and resulted in no citations or internal control recommendations by the auditor:

POOL PASSES – The Auditor's response noted that City ordinance allows the Mayor to distribute pool passes.

MOTORCYCLE BIDS – There was an allegation that the City improperly followed procedures involving bids to replace Beachwood Police Department motorcycles. The Auditor notes that the City received two bids and the lowest bid was selected.

CELL PHONE BILL –The Auditor did not note any issues with the use of the Mayor's cell phone and noted that the Mayor, like other City employees, is given a monthly allowance and is taxed accordingly.

TRAVEL–The Auditor's letter does not find improper travel as alleged and points out that the Mayor was not reimbursed for any overnight travel or per diems in 2014.

VACATIONS –The Auditor examined vacation allegations and noted the Mayor did use vacation and his payout was for unused vacation time, which had been questioned.

INCENTIVE – An allegation was made that a company was inappropriately given a \$75,000 incentive. The company never met City requirements and thus never received the \$75,000.

WEDDING GRATUITIES – The Mayor's acceptance of gratuities for performing wedding ceremonies was questioned. The Auditor wrote that City Council in 2015 eliminated language that allowed the Mayor to accept such gratuities.

PUBLIC RECORDS LAWS – The Auditor also reviewed the City's adherence to public records request laws. The Auditor said the City has the necessary logs and support information to comply with public records requests, but also noted that a letter was sent to the City earlier this year that criticized the City's inability to locate records showing which City workers had received pool passes.

UPCOMING MEETINGS

CITY COUNCIL

Usually meets the first and third Mondays of each month at 7:00 p.m. Upcoming meetings: Mondays, November 2 and 16. Questions? Call 216.595.5462.

PLANNING AND ZONING COMMISSION

Usually meets the last Thursday of each month at 7:00 p.m. Upcoming meeting: Thursday, December 10 Questions? Call 216.292.1914.

ARCHITECTURAL REVIEW BOARD

Meets at 5:30 p.m. Upcoming meetings: Mondays, November 2 and 16. Questions? Please call 216.292.1914.

Departments

AUDITOR 216.595.5492

BUILDING DEPARTMENT 216.292.1914

COMMUNITY SERVICES 216.292.1970

ECONOMIC DEVELOPMENT 216.292.1915

FINANCE DEPARTMENT 216.292.1913

FIRE DEPARTMENT 216.292.1965

LAW DEPARTMENT 216.595.5462

MAYOR'S OFFICE 216.292.1901

POLICE DEPARTMENT 216.464.1234

SERVICE DEPARTMENT 216.292.1922





FALL LEAF PICK-UP

Running continuously through December, leaf trucks will be in operation daily throughout the

City (weather permitting). Collection is on-going from one end of town to the other end of town. Therefore, there is no need to call for a special pickup.



Place UNBAGGED leaves on the tree-lawn only. DO NOT PLACE IN STREET. Leaf piles mixed with other debris – such as grass – WILL NOT be picked up. After January 1, all leaves need to be bagged. Leaf bags will then be picked up with your regular rubbish on your collection day. Questions? Call the Service Department at 216.292.1922.

Art Exhibits \$

Beachwood Community Center Art Gallery MONDAY - FRIDAY • 9 AM - 4 PM SATURDAY • 10 AM - 3 PM SUNDAY • 10 AM - 1 PM

MASKED PORTRAITS:

AN INSPIRING ART EXHIBIT BY GENE KANGAS

Now - November 20 Reception: Saturday, November 7 • 5 −8 p.m.

Co-sponsored by the Beachwood Arts Council and University Hospitals

100 FOR 100

November 25 – December 17 **Beachwood Community Center**



100 pieces of art designed by current and former Beachwood residents of all ages.

WWW.BEACHWOODOHIO.COM

Council Update

BEACHWOOD RECREATION COMMUNITY THEATER PRESENTS



PERFORMANCE DATES

Saturday, November 14 • 4:00 p.m. Sunday, November 15 • 2:00 p.m. Friday, November 20 • 7:30 p.m.

Saturday, November 21 • 4:00 p.m.

Sunday, November 22 • 2:00 p.m.

Friday, December 4 • 7:30 p.m. Saturday, December 5 • 4:00 p.m.

Sunday, December 6 • 2:00 p.m.

Beachwood Middle School Auditorium \$7.00 - Students/Seniors • \$8.00 - Adults Available at the door 30 minutes prior to curtain



Pictured left: Beachwood Residents Sherry Comet-Epstein (Miss Gulch/ Wicked Witch) and Kyra Cone (Dorothy) don't see eye to eye regarding Toto (Baxter Bauer of Solon) Pictured right: Glinda (Erin Fogarty of Mentor) instructs Dorothy (Ryan Kacmar of Aurora) to click her heels together three times and repeat "There's no place like home..."



December Give-Back Event

A message from **Executive Director Cindy Caldwell**



This year, the Beachwood Chamber of Commerce is dedicating its December luncheon as a give-back event and the following organizations have been selected by our membership as recipients. As a group, we feel grateful for individual successes and recognize the importance of not-for-profit organizations and how they benefit our community.

The luncheon will take place at Maggiano's Little Italy at Beachwood Place, December 16, 2015 at 11:30 am. We are marketing this luncheon to our membership, encouraging them to make contributions to benefit at least one of the these organizations. Additionally, a representative from each organization will speak for 10 minutes to educate luncheon guests about what their organization does. We invite you to visit our website at www. beachwood.org to register for this luncheon and spread the holiday spirit.

A Kid Again exists to foster hope, happiness and healing for families raising kids with life threatening illnesses. It helps to restore a sense of normalcy for the family and strives to make life more like "life" again by helping families gain back moments of solace and a sense of control over their circumstances. It strives to give these kids an opportunity to have fun and feel like they should - the kid they are meant to be each day. Its adventures are designed for kids

to have something to look forward to, and to give their sisters, brothers and parents some respite as well. Its network also provides resources and family network opportunities. For more information, visit www.akidagain.org.

InMotion is a nonprofit center and community located in Warrensville Heights. We serve the needs of people with Parkinson's and other movement disorders. In Motion supports our clients and those that care about them through education, exercise, support groups, and healing arts. Our programs are provided free of charge and open to all. The InMotion space welcomes visitors to a multipurpose room for exercise and speaker presentations, a resource center, and small healing arts and support group meeting rooms. For more information, visit www.beinmotion.org.

The Gathering Place, with locations in Beachwood and Westlake, offers a wide variety of free programs and services to those touched by cancer. When you give to The Gathering Place you're helping to support individuals and families in our communities who are touched by cancer. Our free programs and services help Northeast Ohio families, neighbors, colleagues and friends cope with the emotional, spiritual, physical and social impact of a cancer diagnosis. For more information, visit www.touchedbycancer.org.

216.831.0003 • Beachwood.org • 24000 Mercantile Rd. • Suite 3 • Beachwood, OH 44122

We've helped these Northern Ohio Businesses succeed.





SBA Construction Loan and Permanent Financing



Working Capital, Equipment and Real Estate

Peoples Bank has worked with these local businesses, and many more, to build success. We're committed to delivering trusted advice and exceptional products, providing first-class customer service, and supporting growth in the communities we serve. For over 110 years, we have separated ourselves from the crowd with partnerships like these.

Call us today. We can help your business succeed, too.

Dell R. Duncan, SVP and Market Leader | 216.910.0552 Paul Carlin, SVP and Team Leader | 216.910.0555 Kristi Beeman, VP Commercial Banking | 216.910.0561 Ryan Gorczyca, VP Commercial Banking | 216.910.0565 Keith Cropper, VP Commercial Banking | 216.910.0579

peoplesbancorp.com 800.374.6123







Schools

BOARD OF EDUCATION

Mitchel Luxenburg, President, 382-8943 • ml@beachwoodschools.org Dr. Brian Weiss, Vice President, 464-6678 • bw@beachwoodschools.org Joshua Mintz, 862-1635 • jmintz@beachwoodschools.org Steve Rosen, 292-5562 • srosen@beachwoodschools.org Michael Zawatsky, 292-9916 • mzawatsky@beachwoodschools.org

UPCOMING EVENTS Open to the Community

NOVEMBER

4th, Wednesday

7 pm

Beachwood Athletic Boosters Fall Athlete Recognition (BHS Community Room)

8th, Sunday

3 - 5pm

Beachwood Orchestra Fundraiser (Freeway Lanes - Solon)

10th, Tuesday

7 pm

BHS Open House for 8th Graders (open to all 8th grade private school attendee and parents)

12th, Thursday

12 - 2pm

Elderclass Lunch & Program "Showstoppers" (BHS)

15th, Sunday

10am - 4pm

Unique Boutique (BHS)

16th, Monday

7:30 pm

Board of Education Meeting (High School Community Room) Presentation on Athletic Field and Elementary Facilities Studies

18th, Wednesday

7:30 pm

Beachwood Schools Foundation Board Meeting (Fairmount Board Room)

23rd, Monday

7:30 pm

Board of Education Meeting (Fairmount Board Room)

Hilltop, A Blue Ribbon School

Congratulations to Beachwood's Hilltop Elementary School for being named by the United States Department of Education as a 2015 National Blue Ribbon School. Just 285 public schools across the nation received this designation. Former Hilltop principal, and current Director of Curriculum and Instruction, Linda LoGalbo learned last year that Hilltop had been nominated by the Ohio Department of Education for this honor. Ms. LoGalbo and her staff, along with former Superintendent Markwardt, submitted the application materials and we recently learned that Hilltop had been officially named a winner and will be honored at a recognition ceremony on November 9th in Washington DC.





Hilltop's Blue Ribbon award recognizes its academic excellence, exemplified by its outstanding State Report Card and also its wide range of academic, artistic and athletic programming. The award also recognizes the extensive supports Hilltop provides to all

students, the atmosphere of professional learning fostered among the school staff, and the collaborative culture that exists between Hilltop Elementary and the broader community.

Our entire community should be proud of this accomplishment!



Hilltop students celebrate the news of the Blue Ribbon with blue suckers and blue mouths.



LEGO Club



Bryden students were hard at work during the LEGO Club. Students attempted to build a skyscraper sturdy enough to endure the "earthquake" they created on the trampoline. Students measured the height of their skyscrapers and discussed strategies for structurally sound buildings. LEGO Club is advised by Michelle Mayer.

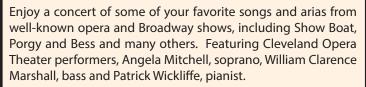
ADMINISTRATION

Robert P. Hardis, Superintendent, 464-2600 • rph@beachwoodschools.org
Michele E. Mills, Director of Finance/Treasurer, 464-2600 • mm@beachwoodschools.org
Lauren J. Broderick, Director of Pupil Services, 464-2600 • ljb@beachwoodschools.org
Ken Veon, Director of Operations & Technology, 464-2600 • kev@beachwoodschools.org
Linda LoGalbo, Director of Curriculum & Instruction/Human Resources, 464.2600 • lhl@beachwoodschools.org
Kathleen Stroski, Assistant Treasurer, 464-2600 • ks@beachwoodschools.org
Shana Wallenstein, Interim Director of Marketing & Communications, 464.2600 • swallenstein@beachwoodschools.org

HOMECOMING

The community came out to celebrate alongside the students during Beachwood's annual homecoming pep rally and festival. Stilt walkers entertained the crowd, while two airbrushers had long lines all night as kids (and adults) showed off their newly painted creations. The high school fall athletes were introduced, along with their coaches and food trucks delivered a steady stream of delicious treats throughout the night while Ben & Jerry's scooped 400 cups of ice cream. Representatives from Beachwood Schools' support organizations manned booths, selling various spirit wear, tattoos and neon glow sticks. The Beachwood Federation of Teachers donated 30 dozen glazed donuts that were gobbled up. A DJ kept the crowd dancing until nightfall, but the next morning the party continued as Beachwood again turned out to cheer on boys and girls soccer and boys football. A good number of alumni impressed the crowd during halftime with a spirited Band and Drill Team performance. What a wonderful weekend!

"Showstoppers" Thursday, November 12



Sponsored by the Beachwood Board of Education, Elderclass affords residents an opportunity for learning and entertainment in a high school environment. Excellent lunches, catered by the vocational culinary arts class, are \$5 for Beachwood residents and \$8 for non-residents, if space is available. Programs are free and open to the public.

Lunch will be served in the Beachwood Bistro at noon with the program to follow at 1 pm. A bus will begin pickups going from the northeast corner of the parking lot to the front entrance, beginning at 11:15 am and ending at noon. The bus will return you to your car following the program.

Please register for the lunch by using the flyer you will receive in the mail. If you are not registered to receive Elderclass monthly program flyers, please **contact Marlene Dunger at the Beachwood Board of Education, 216.464.2600**. Reservations will be accepted by mail only. Checks can be mailed to or dropped off at the Beachwood Board of Education, 24601 Fairmount Blvd., Beachwood, Ohio 44122. No walk-ins for lunch.





e Holiday season is around the corner

JOHN'S TOY AND RUG WORLD

You remember John from University Hts. (Cedar & Warrensville Rds.)

Great Gifts for the Holidays!

- Playmobil®
- Alex® Craft Items
- SMARTMAX®

(Magnetic discovery toys)

- Lots & Lots of Board Games
- Electric Road Car Racing
- Madame Alexander Dolls
- Rugs (machine made + hand knotted)

5109 Mayfield Rd. · Lyndhurst (Behind CVS) Mayfield + Richmond Rds. 440-646-0312

Preserve Memories This Holiday Season.

Memories make the best holiday gifts.

Stop in and frame yours today!



13429 Cedar Road **Cleveland Heights • Near Taylor** 216-397-7671

www.woodtraderframing.com M-F 10-6 • Sat 10-5







We offer a unique blend of Vintage, Handcrafts, Giftware, Antiques, Collectables & Boho-chic style clothing. Available from girls' size 2 to ladies' 4XL.

Are you an artist, craft person or just someone who loves to hunt for treasures but have no more room for them? Become a vendor at The Artistic Attic. Spaces now available.





For the Holidays! **Perfect** One-Of-A-Kind Gifts!



WIN A CHANCE TO RECEIVE A \$100 GIFT CERTIFICATE! Receive a chance to win with every \$10 spent.
Weekly drawing receives a surprise gift! Final drawing 12/24/15 Support your local artists!

5882 Mayfield Road Mayfield Heights (Between Lander & Brainard Roads) 440-683-4297 info@theartisticattic.com

Tues - Sat: 10 a.m. - 6 p.m.



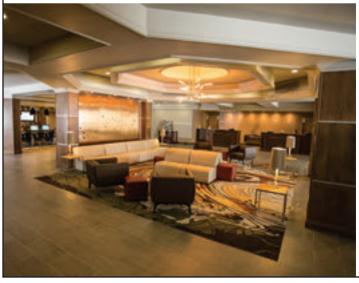
The Perfect Location For The Holidays











- Thanksgiving Buffet \$34.95 11:00am-2:00pm
- Special Menus for Christmas Eve and Christmas Day
- For more details or to make reservation please call 216-910-1296

Call the Sales Office at 216-910-1288 to book our holiday party by November 15th of \$1000 or more and receive 10% discount



The Holiday season is around the corner

Don't miss the nation's **BIGGEST** culinary event!

10 stages with over 100 live demos Taste, Try & Buy!



presented by -

GIANT EAGLE MARKET DISTRICL

TICKETS ON SALE NOW

\$19.99 Super Saver tickets available at NE Ohio Giant Eagle and Giant Eagle Market District locations

The Official Discount Drug Store Ticketing Retail Partner of Fabulous Food Show

FabulousFoodShow.com

SHOP UNIQUE HANDMADE **CREATIONS FROM OVER** 200 ARTIST DISPLAYS

HAND



ART Fair

November 20-22

Cleveland's Premier Christmas Shopping Show



- Shop for Crafts & Unique Gifts
- Festive Live Entertainment
- Gift Wrapping Available
- Over 600 Spaces Filled with Vendors
- Breakfast with Santa (*additional fees apply)

Tickets On Sale Now

drug The Official Discount Drug Store Ticketing Retail Partner of I-X Christmas Connection

IXCHRISTMASCONNECTION.COM









ER • Cleveland, Ohio

FREE ADMISSION

FRIDAY NOVEMBER 13 10AM - 7PM SATURDAY NOVEMBER 14 10AM - 8PM **SUNDAY** NOVEMBER 15 10AM - 6PM

MORE INFORMATION AVAILABLE AT:

clevelandbyhand.com If





MULHOLLAND & SACHS

at ETON ~ Chagrin Blvd.



Place your orders NOW for Holiday and Special Gift Giving!



28699 Chagrin Blvd. • 216-831-4444 www.mulhollandsachs.com Mon - Saturday 10 to 6:30 • Sun noon to 5



\$100 OFF YOUR PURCHASE OF \$750 OR MORE



FULL SERVICE JEWELERS OFFERING CUSTOM DESIGN, REPAIRS & APPRAISALS

Eton Chagrin Boulevard Mall, Woodmere · 216.342.5453 E. Washington St., just east of Chagrin Falls · 440.543.5006

www.belladesignjewelers.com

Holiday Emergency Alert! Stress Less – Buy Smart

Give the Gift of Good Hair at **Lavish Color Salon** This Holiday Season



For Every \$100 You Spend On Gift Cards, We Will Reward YOU With a \$20* Voucher To Spend On Yourself!

Want To Add More To Your Presents?

Our Beautifully Pre-Packaged Gift Sets Provide Stress-Free Hair With A Touch of Flair



Wishing Everyone A Very Happy Hanukkah And A Very Merry Christmas!



* \$20 voucher must be used by 3/31/16, is valid for services only, and cannot be combined with any other coupon or promotion.







216-378-9870

4854 Richmond Road (between Emery and Miles) www.lavishcolorsalon.com appointments@lavishcolorsalon.com



THE AIR INSIDE YOUR HOME IS DRIER THAN YOU THINK.

An Aprilaire whole-home humidifier is the answer.

- Eliminate parched, dry air in your whole-home
- Protect against illness and damage
- Experience total indoor air comfort



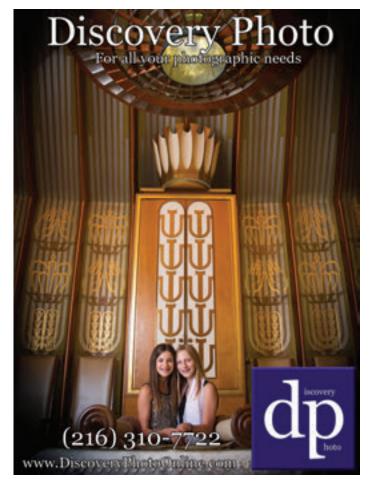
Call us today for a healthier, more comfortable home.







Call 1-216-587-2800, visit goarco.com, or email service@goarco.com.



Upcoming Programs at the Maltz

For tickets, pricing or more information on these or additional programs, call 216.593.0575 or visit maltzmuseum.org.

Stop the Hate®: Youth Speak Out \$100K Student Essay Contest

Friday, Dec. 4, 11:59 pm - Grades 6-10 essays due Friday, Jan. 22, 11:59 pm - Grades 11 and 12 essays due

Free; Complete rules and inspiration at maltzmuseum.org/ stop-the-hate. Opportunities to make a positive change in the world present themselves every day. Youth Speak Out celebrates Northeast Ohio students who seize those opportunities and commit to making a difference. By reflecting on a real-life situation and detailing ways to create a more accepting, inclusive community, this next generation of leaders can win big. \$100,000 in scholarships, awards and anti-bias education grants are available for 6th to 12th graders in Ashtabula, Cuyahoga, Geauga, Lake, Lorain, Mahoning, Medina, Portage, Stark, Summit, Trumbull and Wayne counties.

Violins of Hope

Through Sunday, Jan. 3 • Maltz Museum of Jewish Heritage Tuesday – Sunday, 11 am – 5 pm; Wednesday, 11 am – 9pm (Closed Mondays)

Nineteen violins that survived the Holocaust speak for those who perished. The instruments and their stories—shared through video, imagery and live performances—honor the past and give hope for the future. The 4,000-square-foot multisensory Violins of Hope exhibition and related programming at the Maltz Museum of Jewish Heritage is part of a community-wide VIOLINS OF HOPE CLEVELAND collaboration.

The Holocaust Survivor Band Concert

Sunday., Nov. 8, 1 pm • Mandel JCC Stonehill Auditorium

Join us for this once-in-a-lifetime opportunity to share in the healing power of music and hear two Holocaust survivors' stories of courage and resistance. Led by Saul Dreier and Reuwen Sosnowicz and featuring children and grandchildren of survivors, the group has been profiled in the New York Times. Presented in conjunction with Mandel JCC.

Behind the Creative Process with GroundWorks DanceTheater

Sunday, Nov. 15, 2 pm • Maltz Museum of Jewish Heritage

GroundWorks DanceTheater presents fragments of the new work inspired by the Violins of Hope. Learn about the creative process and the inspiration from David Shimotakahara, GroundWorks artistic director; Israeli composer Oded Zehavi, and other members of the company. Presented in partnership with GroundWorks DanceTheater, the Jewish Federation of Cleveland's Israel Arts Connection and the Cleveland Institute of Music.

Friends of the Maltz Museum: Northeast Ohio's Funniest Rabbi

Sunday, Nov. 15, 7 pm • Congregation Shaarey Tikvah

Five of Northeast Ohio's most entertaining rabbis tell their best jokes and share their funniest stories. The friendly competition is decided by a panel of celebrity judges, and by you, the members of the audience. Laughter and applause are instrumental in selecting this year's funniest Rabbi.

The **Holiday** season is around the corner





Artistic Attic offers a unique blend of vintage handcrafts, giftware, antiques, collectables and Boho-chic style clothing. Specializing in home-

made items, many from local artists. Providing a creative outlet to both artists and the community. Let us be your one stop shop this holiday season!

Bella Design Jewelers





Bella Design Jewelers is a family owned, independent jewelry store offering a complete range of beautiful diamonds

and designer fine jewelry in both Bella locations, Eton Chagrin Boulevard and Chagrin Falls. We have a large selection of loose diamonds and our collections of fashion jewelry in gold, platinum, or sterling silver are hand chosen for both beauty and quality.

Buffalo Wild Wings





Buffalo Wild Wings truly offers the ultimate dining experience! The award winning wings, burgers and sandwiches are all served in a relaxed,

comfortable atmosphere where people like to hang out with friends, family and coworkers. Bdubs is a fun, high-energy restaurant – much like the personalities of their quests!

DoubleTree by Hilton Cleveland East Beachwood



DoubleTree by Hilton Cleveland East Beachwood has a variety of guest rooms that meet every need. With over 17,000 square feet of flexible meeting space we are able to accommodate a variety of meetings and

events. Come see us! We always have a cookie with your name on it ready and waiting.

John's Toy and Rug

We have been in the toy business since 1993. We carry all the



antique specialty toys you can't find in the other larger stores. Toys from your childhood like: Playmobil, Alex craft toy, electric road car racing sets, the original electric football game, Madame Alexander dolls, and so much more!

Lavish Color Salon



Update your look for the holiday season – come in for a complimentary color consultation and choose from traditional highlights, or dazzle your hair with the latest techniques including Balyage, Ombre,

Sombre or Blur. Now is the time to look and feel your best - indulge yourself in COLOR!

Mulholland & Sachs



At Mulholland & Sachs, we offer personalized service. If you have no idea what to give to someone, let us help you. Complimentary gift wrapping

is available; and shipping, if needed. Open until 8 p.m. Monday through Friday from Thanksgiving weekend to the 24th!

Wood Trader



Preserve your unique treasures with framing. Photos, artwork, kid art, memorabilia – frame what is important to you and your family. Allow us to frame your most precious memories for generations to come. We offer eco friendly custom

framing, mirrors, sculpture bases, installation, framed artwork, photo frames and more.

Fabulous Food Show presented by **Giant Eagle Market District**



The premier culinary celebration returns to the I-X Center November 13-15. Taste, try and buy at the nation's largest festival of food. See local stars

and celebrity chefs in action. Visit www.fabulousfoodshow.com for events and times.

I-X Christmas Connection



Are you ready to kick off your holiday shopping season? Then come to I-X Christmas Connec-

tion, Cleveland's premier Christmas shopping show, at the I-X Center, November 20-22. Visit www.ixchristmasconnection. com for more information.

By Hand Fine Art and Craft Fair



By Hand Fine Art and Craft Fair is at the I-X Center

November 13-15. Shop everything unique, expressive and made in America from over 200 artist displays. Admission is free. The opportunity is priceless. Visit www.clevelandbyhand.com for more information.



Happy 100th Birthday, Lilyan Torch

Lilyan Torch was brought into this world on October 6, 1915. It was a year when Woodrow Wilson was President, World War I was continuing, the Boston Braves went from last place all the way to World Series champs, and the first intercontinental radio message was sent.

Lilyan and her husband, Sam, were married for more than 25 years and owned an open-air market, where they sold fruits, vegetables and flowers. They have two sons, Ron and Mark; five grandchildren, and three great-grandchildren, all boys.

Lilyan loves to eat milk chocolate and ice cream, and enjoys trivia, music and playing bingo. She also loves to ride in convertibles.

In honor of her milestone birthday, Mayor Merle S. Gorden and City Council proclaimed Tuesday, Oct. 6 as "Lilyan Torch Day" in the City of Beachwood. Councilman Melvin Jacobs joined Menorah Park staff and Lilyan's friends and family to present her with this proclamation and wish her a happy and healthy 100th birthday.



Pictured: Melvin Jacobs with Lilyan Torch, and her son and daughter-inlaw, Ron and Michele Torch.

Words From the Ward

By the time this gets to your mailbox, you may have already cast your vote. Each election cycle we see an increase in the number of people who choose to vote by mail using an absentee ballot. It is a trend we expect to continue and will result in candidates having to reach out to voters in a different manner.

A group of your Democratic Ward club members have been working on revising our by-laws to ensure they cover the issues of today. The goal of the committee is to have a copy available for the members to ratify at the November meeting, Tuesday, Nov. 17, 7 pm at the Beachwood Library.

We are also planning the 2016 Speaker Series. If you have an interesting speaker you would like to hear, please send your thoughts to BeachwoodDemocrat@gmail.com.

For more information about the Democratic Ward Club, please call Steve Rosen at 216.292.5562 or email BeachwoodDemocrat@ gmail.com. You can also follow us on Facebook.

Miracles and Magic: A benefit for the Northern Ohio Chapter of A Kid Again

On Friday, Nov. 6, Maggiano's will again host the 6th Annual Miracles and Magic for A Kid Again of Northern Ohio. The event is presented by Maggiano's, Frank Novak and Sons Companies and Runyon and Sons Roofing.

In addition to fabulous food, Miracles and Magic will also feature live magical entertainment by award-winning magician David Anthony and a silent auction. Event honorary chair will be Bruce Hooley of ESPN WKNR 850 radio.

The silent auction will feature unique items, including a weekend rental of a Harley-Davidson motorcycle provided by Southeast Harley-Davidson, a ride on the Goodyear Blimp, Elite Island Resorts accommodations, Cavs tickets, entertainment packages, home services and so much more.

Tickets are only \$75 in advance, or you can purchase a patron ticket that includes a swag bag valued at \$150.

Also, back by popular demand, will be the destination raffle to Napa Valley (Wine and Rails) or Cancun Mexico, winner's choice, with airfare, lodging and more included. The winner will be drawn at Miracles and Magic but the winner need not be present, providing a great opportunity to support this local charitable organization even if you cannot attend.

At any given time in this country alone, 500,000 children are living with what is considered to be a life-threatening illness, and 5,000 children are living out their final six months.

A Kid Again is an Ohio-based 501 (c) 3 nonprofit with chapters in Columbus, Cincinnati/Dayton and Northern Ohio. All chapters are responsible for their own adventures and fundraising.

"In other words," says Ms. Bucknell, "all funds raised in Northern Ohio remains in Northern Ohio so that our children have the opportunity to put illness aside so that they can be...A Kid Again."

To learn more about A Kid Again or to purchase tickets, visit www. akidagain.org/miraclesandmagic or email cbucknell@akidagain.org.

Private SCHOOLS





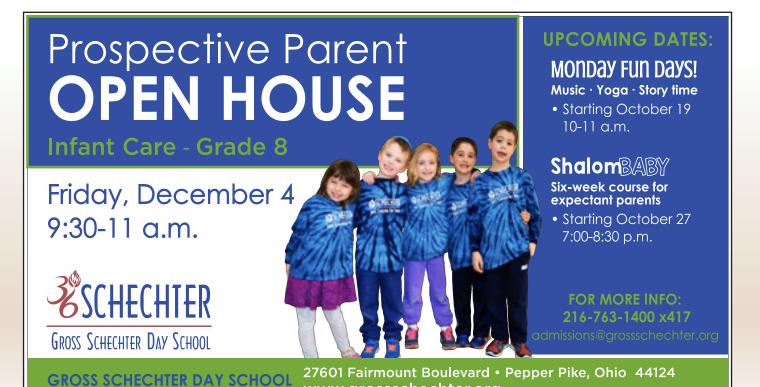
For 60 years, The Music Settlement's Preschool has inspired thousands of early learners. It is the first independent Cleveland Preschool, Day School,

and Kindergarten to receive the 5-Star award from Step Up to Quality. Parents, drop in at an Open House (grown-ups only, please) on Nov. 15 or Jan. 10, 1-2:30 pm. For more information, visit www. TheMusicSettlement.org.



Gross Schechter Day School is an award-winning Early Childhood Program through Middle School in Pepper Pike. At Schechter, students benefit

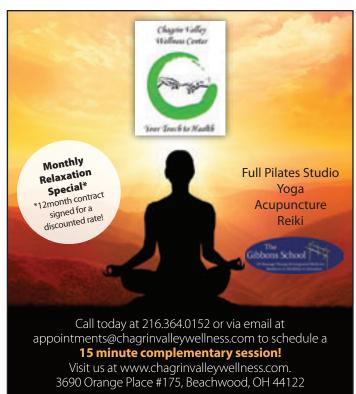
from a well-rounded program that fosters success in all aspects of their lives. The curriculum focuses on strategies for problem solving and places a strong emphasis on critical thinking, which allows students to understand their place in the world around them. Our Hebrew Immersion and integrated Judaic studies program ensures mastery and leads to strong identity formation. Above all, our team of dedicated teachers is committed to developing each student's individual strengths and to maximizing each child's potential – academically, socially and emotionally. Join us at our upcoming Prospective Parent Open House programs, December 4 and January 22, or schedule a private tour.



www.grossschechter.org









WINCleveland Invites You to Attend Its Holiday Benefit Luncheon

WINCleveland empowers female professionals by creating new access points for individual business development. Its members care deeply about each other and women of need throughout Northeast Ohio, and every year they vote to support a women-based charity.

This year's recipient is the Renee Jones Empowerment Center, a a 501(C) 3 non-profit organization that fosters opportunities for disadvantaged individuals. The Center's mission is to empower these individuals to advocate for themselves and to improve their quality of life through personal, social and professional development. One area of focus is human trafficking. It's a somewhat unknown fact that Cleveland sits in the middle of one of the worst human trafficking corridors in the country. Women and young girls are kidnapped and sold into prostitution. The Renee Jones Empowerment Center works tirelessly to eradicate this plight on humankind.

WINCleveland president, Suzanne Carle, sits on the Center's board of directors while a number of WINCleveland members volunteer their time to mentor the women at the Center. In addition, the members of WINCleveland collect toiletries and clothing, and donate money to support this worthy cause.

These efforts culminate in the WINCleveland Annual Holiday Benefit Luncheon held on Monday, Dec. 7 at Landerhaven. The luncheon is filled with camaraderie, connection and giving. Some members sell their wares with portions of their proceeds going to the Center. There is also a silent auction with incredible items and a lottery tree, with proceeds benefitting The Renee Jones Empowerment Center.

This event provides an opportunity for WINCleveland members to engage with each other, give back, give thanks for what we have, and pay it forward to those who need it most. Non-members are welcome and encouraged to attend the luncheon as well.

For more information, visit www.wincleveland.org.

Come Wrap with MVPs!

Join the Montefiore Volunteer Partners (MVPs) at Beachwood Place for their annual gift wrapping fundraiser beginning Friday, Dec. 11 through Thursday, Dec. 24.

Choose your shifts:

Monday through Saturday: 10 am - 2 pm, 2 - 6 pm or 6-9 pm

Sunday: 11 am - 3 pm or 3 - 7 pm

This year, two sessions will be offered to teach people how to wrap all sizes and shapes of gifts. Both will be held at Montefiore (One David N. Myers Parkway, Beachwood). The first one is Sunday, Nov. 22, from 1 - 2:30 pm; and the second is Tuesday, Dec. 1, from 6:30 - 8 pm.

This is truly a fun experience which requires tremendous volunteer power!

For more information, contact Diane Weiner, volunteer manager, at dweiner@montefiorecare.org or 216.910.2741.

All proceeds from this annual fundraiser help support programs and services for Montefiore residents.

Volunteer!

As the weather outside grows cold, warm your heart by volunteering at Montefiore. Make a difference in your life and the residents' lives by volunteering just a few hours weekly, bimonthly, or monthly.

Help is currently needed for the following volunteer opportunities: Posh Nosh Café, cashiers, sales help in the gift shop, friendly visitors, pet therapy and hospice volunteers.

Please contact Marissa Gelender, volunteer coordinator, at mgelender@montefiorecare.org or 216.910.2566 for more information.



Aspire Fitness Studios



Aspire offers personal, partner and small-group personal training; and offers in-studio, in-home, in-business and online training with the goal of providing clients with professional guidance, support, structure and accountability needed to reach higher and go further. Call today. It's the first step to feeling and looking better.

Chagrin Valley Wellness Center



Our mission is to achieve proper client posture for ease of movement, maintain core strength, and preserve flexibility. Call 216.364.0152 or email appointments@chagrinvalleywellness. com today to schedule a 15-minute complementary session! Visit us at www.chagrinvalleywellness.com.

Highland Springs



Highland Springs

Highland Springs is a newly constructed 72-bed behavioral hospital offering a compassionate and results-driven approach to treatment for those who are struggling with mental health and addiction issues. The hospital will offer 24 hours/ 7 days a week no cost assessments and comprehensive inpatient and outpatient services to adults and their families.





Stephen J. Burgun, MD

Balancing a Busy Schedule and Your Blood Sugar

Diabetes is a very common disease. Almost 30 million people in the United States have either type 1 or type 2 diabetes, though type 2 is significantly more common. Diabetes is a disorder in which the body does not produce enough insulin, which results in elevated blood glucose levels. Insulin is a hormone naturally produced by the pancreas, and is used to help the body store sugars and starches as energy. Over time, this imbalance can have negative effects on your eyes, kidneys, nervous system and heart. The symptoms of diabetes can appear as normal discomforts, but should be reported to your physician if they persist for a length of time.

Symptoms include:

- Frequent urination
- Strong feelings of hunger or thirst, even if food is being consumed
- Extreme fatigue
- · Blurry vision
- Slow healing of cuts and bruises
- · Weight loss, despite any dietary habits especially in uncontrolled type 1
- Tingling, pain or numbness in hands or feet

"Managing a chronic condition like diabetes can feel overwhelming at times," says Stephen J. Burgun, MD,

the Division Chief of Endocrinology at University Hospitals Ahuja Medical Center and the Medical Director of **Endocrinology at University Hospitals** Geauga Medical Center. "Having to watch what you eat, stay active, take your meds and check your blood sugar is a lifelong challenge."

Diabetes can become apparent in three forms. Type 1 diabetes is more commonly diagnosed in children and young adults and requires lifelong insulin treatment. Type 2 diabetes is typically diagnosed in adults, but with an increasing frequency of diagnosis in children. Gestational diabetes is a temporary diabetic state, similar to type 2, in women who are pregnant. Gestational diabetes usually only lasts for part of the pregnancy and disappears after giving birth.

Having a healthy lifestyle is key to helping the body take better care of itself. "While there is no known cure for diabetes, the disease can become more manageable with significant lifestyle changes," says Dr. Burgun. "An estimated 85 percent of people with type 2 diabetes are overweight. Losing weight and eating healthier can help the body better manage its insulin needs. These changes can also help

prevent diabetes in those at risk for future diabetes."

Dr. Burgun practices at University Hospitals and is board-certified in endocrinology, diabetes and metabolism. If you would like to be seen by a UH endocrinologist, call 216-844-8500 to schedule an appointment.

"Managing a chronic condition like diabetes can feel overwhelming at times," says Stephen J. Burgun, MD, the Division Chief of Endocrinology at University Hospitals Ahuja Medical Center and the Medical Director of **Endocrinology at University** Hospitals Geauga Medical Center. "Having to watch what you eat, stay active, take your meds and check your blood sugar is a lifelong challenge."









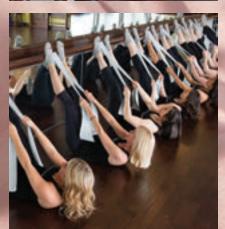












BARRECLEVELAND

When the Student is Ready, the Teacher will Appear

Everyone wants to be healthier but even once you find the time, what is the best method to reach your goals? Look to Yana Salwan at Barre Cleveland to guide you through your 60 minute workout using the ballet barre, your own body weight and small fitness tools. You will leave each session stronger, more flexible, relaxed and in better health. Classes are taught in a private, female-only, group setting where NO EXPERIENCE IS NECESSARY. Don't delay any longer, GO to barrecleveland.com to learn more and use the online scheduler to register for your first class!

I look forward to seeing you at The Barre!



Yana Salwan BarreFit Founder and Teacher Barre Cleveland 3737 Park East Drive #209 Beachwood, OH 44122 216-342-4229 barrecleveland.com

New Center 4 Brain Health Invites Community to Strengthen the Mind - Challenge the Memory

The new Center 4 Brain Health, located on the Menorah Park Campus, launches its programming this month. The Center is registered as a Community Awareness-Raising and Education Site (C.A.R.E.S.) with the Alzheimer's Foundation of America.

"I hope participants will enjoy our new center and programs, including: brain aerobics classes, vocational/volunteer opportunities, memory-status assessments, and our brain health information resource center," stated the Center's director, Krystal Culler.

"The overall goal of all our programming is to provide older adults, residents of the community, with support, assessments and classes to engage in a brain-healthy lifestyle."

As part of the National Memory Screening day events, community adults are invited to the Center, located at 27100 Cedar Road, for free memory screenings from 1 - 4 pm on Tuesday, Wednesday, and Thursday (Nov. 10, 11 and 12). Appointments are available and walk-ins are welcome for the November screenings. (Free memory screenings are also available by appointment throughout the year.)

The Center will offer four-week cognitive fitness classes from November 16 through December 18. By translating current research into everyday activities, each class will address a different area of brain health and wellness. For example, the "Mind Spa" class will provide experiential exercises, education, and discussions intended to reduce stress. The Center's full Winter 2016 schedule will start on Monday, Jan. 4, and will offer eight different brain aerobics classes, along with monthly special events such as a Bright Minds adult coloring book club.

"Our goal is for participants to be able to leave our Center with simple tricks and tips to enhance their daily lives and, ultimately, their brain health," Culler said. "We have the ability to make a difference in the everyday lives of adults. I look forward to the opportunity to provide innovative, quality services to our community."

For more information or to make an appointment for a memory screening, contact Krystal L. Culler, M.A., Director, Center 4 Brain Health, at 216.839.6685 or kculler@menorahpark.org.

Distance Learning

Menorah Park Rose Institute for Lifelong Learning presents: Distance Learning – Programs Open to the Community

Monday, Nov. 9 • 2:30-3:15 pm "So You Know the Election?" by the Creative Learning Factory at the Ohio Historical Society (Columbus, Ohio)

Monday, Nov. 16 • 2:30-3:15 pm "Arctic Discoveries: Polar Bears 101" by the Alaska Zoo (Anchorage, Alaska)

Monday, Nov. 23 • 2:30-3:15 pm "Music of Inner Asia" by the Inner Asian and Uralic **National Resource Center** (Indiana University -Bloomington, Indiana)

Monday, Nov. 30 • 2:30-3:30 pm "A Day of Infamy: The Japanese Attack on Pearl Harbor" by The National WWII Museum (New Orleans, Louisiana)

Thank You from FUNdamentals Day Care Center

The Debra Ann November Outdoor Intergenerational Garden was recently installed at FUNdameentals Day Care Center on the Menorah Park Campus. Made possible through a grant from the Phyllis and Debra Ann November Children's Fund of the Jewish Federation of Clevleand, the childcare outdoor playgrounds were completely rebuilt and transformed into a vibrant educational and intergenerational classroom with state-of-the-art climbing and exercise equipment for preschoolers and toddlers, and tricycle and wagon paths that accommodate wheelchairs. This new physical activity and outdoor classroom, a gift of Mort and Iris November, is the first of its kind in a nursing home in the state.

Pictured: After dancing in the sunshine and singing "Let it Go" as a group, all the FUNdamentals children enjoyed the photo op with Iris November.



Art across the Campus

A beautiful art exhibition occurred recently in the Menorah Park auditorium and more than 50 residents displayed their works. Menorah Park is constantly encouraging creativity through various art and painting programs offered throughout its campus.

Wiggins Place on the Menorah Park Campus recently began offering Wine and Paint classes with instructor Jamie Cohen-Kiraly.

"There were so many different and wonderful interpretations of the painting that were being taught and everyone seemed to have such a great time!," Cohen-Kiraly said.





Pictured: Anne Berk and Bert Rosenbluth pose by one of Anne's beautiful paintings.

Lisa Cohen-Kiraly admires the artistic ability of Phil Sugerman.

Author Paula McLain to Share Experiences as a Foster Child at NCJW's Lois Zaas Acvocacy Lecture

Noted author Paula McLain and Bellefaire JCB COO Jeff Lox come together on Wednesday, Nov. 18, to discuss "Aging Out of Foster Care: Overcoming the Odds," the 12th annual Lois Zaas Advocacy Lecture presented by National Council of Jewish Women/Cleveland (NCJW). The event takes place at Temple Emanu El, 4545 Brainard Rd. in Orange Village. Doors open at 6 pm.

This forum features a best-selling author's odyssey as a foster-care child and a social worker's overview of foster-care children and the system, as well as the Ohio legislature's responsibility for foster care. The event includes a Resource Fair prior to the program where attendees can learn about organizations and services supporting foster children.

McLain, author of The Paris Wife

and Circling the Sun, was born in Fresno, California. After their abandonment by both parents, she and her two sisters became wards of the California Court System, moving in and out of foster homes for the next fourteen years. Her book, Like Family: Growing Up in Other People's Houses, A Memoir, is the powerful and haunting story of the years she and her sisters spent as foster children.

When McLain aged out of the system, she supported herself by working as a nurses' aide, a pizza-delivery girl, an auto-plant worker and a cocktail waitress before discovering her writing talent. She received her MFA in poetry from the University of Michigan in 1996.

Jeffrey A. Lox, MSSA, LISW-S, ACSW, is chief operating officer

for Bellefaire JCB. He is the agency's chief clinician and clinical liaison to the community and is responsible for administering operations of the agency's program divisions, program development, agency performance-improvement initiatives, and clinical-training programs.

Lox is chair of the Cleveland Jewish Community Federation's Mental Health Disaster Team and chair of an Israeli Defense Forces (IDF) project supporting the mental health consultation needs of a "special populations" branch in Israel. His areas of clinical interest include disruptive behavior disorders, juvenile offenders, reactive attachment disorder and improving the quality of life for foster children.

"There are 1,600 children in foster care in Cuyahoga County who are susceptible to poverty, homelessness and human trafficking when they age out," said Linda Barnett, president, NCJW/ Cleveland. "NCJW has developed programs with a focus on foster care to educate the community and serve these young people."

The Lois Zaas Annual Memorial Advocacy Lecture is sponsored by the family of the late Lois Zaas, who was an NCJW local and national activist. The event is free and open to the public with reservations requested at 216.379.2204, ext. 100, or www.ncjwcleveland.org. A dessert reception follows the program. Dietary laws observed.

Attendees are requested to consider bringing a new stuffed animal to be given to foster children, to offer security as they are shuffled from place to place.



- **Insurance Appraisals**
- **Estate Appraisals**
- **Liquidation Appraisals**
- Resale (Fair Market Value) Appraisals
- Ask us about GemPrint

On-Site staff of qualified Jewelry Appraisers

- Graduate Gemologist Degree (GG), Gemological Institute of America (GIA)
- Members, National Association of Jewelry Appraisers (NAJA)
- We follow USPAP guidelines for professional appraisal practices

Appraisals done "while you wait" in the privacy of our office By appointment only

(216) 591-0685 · www.heritage-appraisers.com 23945 Mercantile Rd., Suite C Beachwood, OH. 44122



2015 Highlights Beachwood Men's Softball League

The Beachwood Softball League ended its year with three teams winning titles. Its Round Robin Tournament winner was the Gilbert/Gellis Team, coached by co-managers Ben Gellis and Randy Gilbert. Gellis, known for wearing orange socks, underwent a liver transplant late in the season and was honored by his entire team's wearing orange socks for the rest of the season. Who knows, maybe it brought him good luck!

The annual Legends Game was again a major attraction featuring 60+ year olds, most of whom showed up in some sort of medical device to sustain them for five innings. To cheer them on, a group of 60+-year-old cheerleaders in full rooting attire, complete with pom poms, brought extra spirit to the game. They included Joanne Adelman, Tedda Nathan, Sharon Cohen, Judy Wolf, Ricki Carr and Sheila Rosenblum. Adelman's Army (three years undefeated) defeated Nathan's Navy 8-0.

The All-Star Game followed the Legends game, which, for the third straight year, was determined by one run, with the "Even" team, managed by Randy Gilbert, Larry Wolkoff and Marc Berkowitz, winning 6-5. The previously undefeated "Odd" team was managed by Todd Adelman, Freddy Gross,

Adam Baker and Mark Weiskind.

This year's championship games were held "under the lights" at Solon field. The games (best 2 of 3) featured 1st-half winners (Adelman/Gross, Black Team) vs. 2nd-half winners (Baker/Weiskind, Red Team). The first game was won by the Black Team 13-1, the second by the Red Team 9-8. The final game was won by the Black Team 15-3, thus becoming the 2015 champions.

Congrats also go to batting champion, Scott Winograd, and rookie of the year, Matt Zeiger.

Finally, the league's newest Hall of Fame 2015 inductees are Jonathon Gill and David Kowit.

The Beachwood Men's Softball League has become much younger with players in their 20s and 30s continuing to stream in during April tryouts. While it is more competitive, it continues to feature family relationships, camaraderie, sportsmanship and fun.

The league's annual banquet, later this month at Landerhaven, will feature a food charity drive and charitable raffle.

League commissioners are Larry Adelman, Dick Cohen, Jim Heller and Manny Nathan.

The Beachwood Men's Softball
League has become much younger
with players in their 20s and 30s
continuing to stream in during
April tryouts. While it is more
competitive, it continues to feature
family relationships, camaraderie,
sportsmanship and fun.





(Above) Winning managers Todd Adelman, Larry Adelman and Fred Gross.

(Below) Combined photo of both teams commemorates the first-ever "night" game in Beachwood softball history.

Back Row – Larry Adelman (commissioner/manager), Mike Goldstein, Brad Meyer, Paul Rosenblitt, Marty Baker (manager), Cory Jackson, Matt Zeiger, Adam Baker, Matthew Bloom, Brian Abraham, Robert Fields, Todd Harford, Jerry Fant, Ken McDaniel, Aaron Kazen, Josh Neidus, Neal Nudelman and Mitch Seifert. Front Row – Eddie Bloom, Scott Moses, Rick Solomon, Todd Adelman, Sam Malek, Fred Gross, Seth Task, Larry Entis, Mark Weiskind, Jacob Kazen, Barry Goldman and Robert LaRiccia.

Cleveland Jewish Book Festival

The Mandel JCC's 16th Annual Cleveland Jewish Book Festival, presented in partnership with Cuyahoga County Public Library, will feature an exceptional lineup of 16 authors, including Dennis Ross, former Ambassador to Israel. This year's festival, which is in town from November 3-16, provides opportunities to meet and greet a stellar lineup of authors.

Opening Event Tuesday, Nov. 3 • 7:30 pm **Dennis Ross** DOOMED TO SUCCEED

When it comes to Israel, U.S. policy has always emphasized the unbreakable bond between the two countries and The United States' ironclad commitment to Israel's security. In Doomed to Succeed, Dennis Ross analyzes presidential attitudes toward Israel and the region from Truman to Obama. the often tumultuous debates between key advisors, and the events that drove the policies and at times led to a shift in approach.

Other featured authors include:

Sunday, Nov. 8 • 7:30 pm **Daniel Cohen SINGLE HANDED**

Single Handed is the story of Tibor Rubin, the only Holocaust survivor to have received the Medal of Honor, In 1950, he volunteered for service in the Korean War and was later captured. He drew upon his experienced in the concentration camp to help his fellow GIs survive two and half years of captivity. Tibor returned from Korea in 1953, but it wasn't until 2005 — at age 76 that he was invited to the White House, where he received the Medal of Honor from President George W. Bush.

Wednesday, Nov. 11 Dinner at 6 pm Lecture at 6:30 pm Karen Gooen **SEARCHING FOR BUBBE** FISCHER - THE PATH FOR MAH

Taking one's seat at the Mah Jongg table has been a rite of passage among Jewish women (and men) for almost 100 years. Novice player Karen Gooen loved the game and wanted to take her skills to the next level. She hoped to find the ultimate "Mah Jongg Maven" - the mythical Bubbe Fischer — and learn all her secrets. Told with self-deprecating humor and a great deal of insight, this book will appeal to players at any skill level — from the beginner to the seasoned expert — even to Bubbe, herself.

Thursday, Nov. 12 • 7:30 pm Rebecca Alexander **NOT FADE AWAY -MEMOIR OF SENSES**

Born with a rare genetic mutation called Usher Syndrome type III, Rebecca Alexander has been simultaneously losing both her sight and hearing since she was a child and was told that she would likely be completely blind

and deaf by age 30. Then, at 18, a fall from a window left her athletic body completely shattered. Rebecca Alexander meditates on what she's lost and what she's found in return. Not Fade Away is both a memoir of the senses and a unique look at the obstacles we all face — physical, psychological, and philosophical — exploring the extraordinary powers of memory, love, and perseverance.

Rebecca Alexander is a psychotherapist, extreme athlete, and activist who is almost completely blind and deaf. She is the sister of Peter Alexander, NBC News National Correspondent.

The above-listed programs will take place at the Mandel JCC. Registration is required. Prices vary. For complete information and to purchase tickets, please visit www.mandeljcc.org/ bookfest.

New Friends Are in the Neighborhood

New friends are in the neighborhood this fall. The Friends of Jewish Lifelong Learning, formerly Friends of The Aaron Garber Library, has redirected its programming and support since the closing of the Library and Siegal College of Jewish Studies.

The 2015-16 year will begin with the Jewish Studies Division of Siegal Lifelong Learning at Case Western Reserve University, and the support of Jonathan Sarna's November 15 lecture of his newest book, "Lincoln and the Jews," as part of the Mandel Jewish Community Center Book Festival.

Member benefits for the new organization now include:

• Free lectures at the Siegal Facility, 26500 Shaker Blvd., including topics ranging from Violins of Hope, school readiness, and the BDS Debate on college campuses.

- A 15% discount on Jewish Studies Division courses at Siegal Lifelong Learning
- A 10% discount on all other courses at Siegal Lifelong

• Special member rates for all

JCC Book Festival lectures Friends' programming will continue to present the always popular Lunch 'N Learns and Book Reviews. Members will receive emails and newsletters with program details.

Friends also seek donations in support of their work as a non-profit to continue meeting the growing demands of the young and vital, education-oriented Jewish community. Donations, as well as membership dues, are

tax-deductible and may be made to honor an occasion or in memory of friends or family members. Friends invite active participation in the organization by volunteering on a committee, as a greeter at Siegal facility events or in the Treasures Gift Shop.

Treasures Gift Shop is the group's major fundraiser, with locations at the Siegal facility, 26500 Shaker Blvd., and at Mandel JCC, 26001 South Woodland Rd. Both locations are open to the community and sell fine Judaica and fashion jewelry from Israeli artists at 20% off retail prices. Call 216.831.0700 ext. 1441 for current hours of operation, to get information on upcoming shows or to volunteer.

Friends of Jewish Lifelong Learning is a nonprofit organi-

zation dedicated to promoting and supporting the continuing interest in Jewish learning through programming, volunteer service and fundraising. Friends' activities may be followed at its website, www.FriendsJLL.org or by calling co-president Rita Saslaw at 216.464.8563.

Friends of Jewish Lifelong Learning is a nonprofit organization dedicated to promoting and supporting the continuing interest in Jewish learning through programming, volunteer service and fundraising.

for Expectant Parents

Gross Schechter Day School and Alexandria School for Nannies' founder and executive director, Carolyn Stulberg, welcome expectant parents to participate in Shalom Baby, a specialized series for families in the Jewish community, providing valuable information about topics relevant for new parents, fantastic giveaways and an opportunity to connect with other expectant couples. All are welcome to participate in this wonderful new program held at Gross Schechter Day School.

This program is generously sponsored by a Shoresh Grant from the Jewish Education Center of Cleveland. For more information or to register online, visit www.grossschechter.org/shalombaby. Space is limited, so RSVP today! Classes run from 7 to 8:30 pm.

Practical and Meaningful: Your Child's Baby Naming or Bris

Tuesday, Nov. 3 • 7-8:30 pm

This session will explore ritual and meaningful options for a naming ceremony or brit milah for your baby. Hear from a local mohel and local rabbi about different types of traditions and customs.

Daddy Boot Camp and Mother's First 36 Hours

Tuesday, Nov. 10 • 7-8:30 pm We're home from the hospital, now what? The first 36 hours can be the most exciting and the most daunting. Let our experts walk you through what to expect and answer your questions.

"Jewish Mothers" and Other Experts

Tuesday, Nov. 17 • 7-8:30 pm

Interested in hearing from other moms about the work/family balance, how to make choices about returning to work, how to manage finances with a growing family or other issues? Join us for a panel of experts, including a pediatrician and financial planner, to get some practical information about these exciting life changes.

Dad's First 36 Hours, Mom's Scoop

Tuesday, Dec. 1 • 7-8:30 pm

This evening will feature break-out sessions, separate for moms and dads, to discuss the first exciting days of parenthood.

Sharing is Caring: Shalom Baby Alumni Share

Tuesday, Dec. 8 • 7-8:30 pm

Join us for a final session to hear from Shalom Baby alumni about their experiences as new parents.

Shalom Baby, a Free Series A "Boo" tiful Family **Tradition**

> Josh Mintz remembers hearing stories about his grandfather and how he said Halloween is the only kids holiday.

Then, last year, Mintz told his children about a friend who creates a haunted house for their grandkids, and the kids liked the idea and wanted to decorate their

"They had so much fun that we went much bigger this year, even adding a hand-built coffin," Mintz told us.

Although Mintz never got to know his grandfather since he passed away when Mintz was only three, he feels that

his grandfather is now looking down on the family's display and that this is becoming a new "boo"tiful family tradition!



Programs at The Gathering Place



The Gathering Place is a caring community that supports, educates and empowers individuals and families touched by cancer through programs and services provided free of charge. The programs and services offered

provide education and information, support, and ways to help manage the stress of a cancer diagnosis. The Gathering Place has two locations in Beachwood and a location in Westlake. Below is a listing of upcoming programs at The Gathering Place located at 23300 Commerce Park in Beachwood. All listed programs require advance registration by calling 216.595.9546 unless otherwise noted. For more information visit www.touchedbycancer.org.

Prostate Partners' Partners

Wednesday, Nov. 4 • 2-3:30 pm No registration required.

A opportunity for candid discussion with women who support a spouse or significant other with prostate cancer.

Managing Stress Through Movement

Thursday, Nov. 5 • 6:30-8 pm.

Experience a variety of gentle and relaxing movement techniques to help reduce stresss and the tension of daily life while improving and increasing your energy. Find balance and harmony as you move and meditate.

Couples Cooking & Communication

Saturday, Nov. 14 • 1-4 pm

Make healthy appetizers, learn simple meditations and practice gentle movement for self-care during the holiday season.

Gift of Touch

Tuesday, Nov. 17 • 6-8 pm.

Learn hand and foot massage to nurture yourself and loved ones. A great holiday gift, a great strategy for handling holiday stress.

The programs and services offered provide education and information, support, and ways to help manage the stress of a cancer diagnosis.

When patronizing our advertisers, please say you saw it in Beachwood Buzz!

Gross Schechter Day School Presents Monday Fun Day

A Free Weekly Program of Music, Yoga, Storytime and More for **Children and Caregivers**

Gross Schechter Day School, in partnership with the PJ Library, is pleased to offer Monday Fun Day, a free, weekly program for children ages 0-4 with their caregivers. Experience the magic of a morning in the Early Childhood wing of Gross Schechter Day School, with an interactive program, complete with stories, movement, music, yoga, a kosher snack and more! This is a wonderful opportunity to begin the week with fantastic programs and connect with other families with young children. Participating parents and caregivers will also gain developmental tips and techniques from our early education staff that can be useful at home. The program will take place from 10-11 am.

Dates for this year are:

- October 19, 26
- November 2, 9, 16, 23
- December 7, 14
- January 10, 25
- February 1, 8, 22, 29
- March 7, 14, 21, 28
- April 4, 11, 18
- May 2, 10, 16, 23

For more information, visit www. grossschechter.org/mondayfunday or call 216.763.1400, ext. 417. Register online today!

> Do you want to reach the Beachwood market?

Advertise in Beachwood Buzz.

Every business. Every resident Every month.

For advertising information, email sales@beachwoodbuzzmag.com



BEACHWOOD "BUZZ"NESS DIRECTORY

CHILD CARE

TLC • Lynn Katz (Total Lynn Care)

Professional Day Care In My Beachwood Home

30 Years Experience • Excellent References Mon - Fri • 7:30 am to 5:30 pm

Tax ID



Call Today! 216.896.0467



CLEANING SERVICE

Serving this area for over 20 years. We furnish all supplies. Married couple. Impeccable references. Reasonable rates. Bonded.

Call Maid Convenient Days 440.213.0850 Eves/Weekends 440.234.0745

CLEANOUTS

Donate It!

Get rid of those unwanted, unused items from your home or office

We Clean Out

Basements · Attics · Garages Commercial & Residential

(1/2 price to seniors 62 and older) (A monthly payment plan is available)

We can come and pick up your donated items today! We're only a phone call away...

> Call us at (216) 313-4208

COMPUTER SERVICES **Need PC help?** Troubleshooting Repairs Reasonable Rates

HANDYMAN

Since 1989 Insured

Plumbing • Electric • Carpentry Painting • Tile Repair • Roofing Decks • Plastering/Drywall **Hot Water Heaters • Gutters**

No Job Too Small

Eric Hart 216-360-9916

HANDYMAN

AFFORDABLE QUALITY BY A **MASTER HANDYMAN**

ODD JOBS & HOME REPAIRS BIG OR SMALL. WE DO IT ALL

Mitch Baron Cleveland Handyman LLC 216-224-5750

HANDYMAN

Call Brian Today 216.990.9657

Morry The Handyman

I Fix Things Around Your House So You Don't Have To

- Home Violation Repair
- Electrical
- Plumbing
- "Honey-Do" Lists
- and more...

Morry Barron (216) 410-1617

Morry@MorryTheHandyman.com

INSURANCE

State Farm®

Providing FREE Insurance and Financial Services Review

REUBEN HARRIS JR. **INSURANCE AGENCY, INC.**

> 23360 Chagrin Blvd. #101 Beachwood, Ohio 44122

> > 216-731-6111

www.reubenharris.com

OCCUPATIONAL THERAPY



LESLIE LEVENTHAL

SCHOOL-BASED O.T. FOR CHILDREN

Helping Children Succeed at the Job of Learning

Fine Motor, Visual Dyslexia, Self Care, Sensory Motor Processing, Handwriting Clinics

Located in Pepper Pike

440-749-1576

leslieleventhalot@gmail.com leslieleventhalot.wix.com/leslie-leventhal-ot

PAINTING

DETAIL PAINTING CO.

ALL EXTERIOR PAINTING

- Vinyl Siding Painting
- Aluminum Siding Painting
- Staining & Trim Work Interior Painting and Staining

440-897-4600

"Detail Makes The Difference"

PET LODGE

Pet Lodge USA of Beachwood.com

CASH

CHECK

- Beachwood's Pet Resort • Staffed 24/7
- 23370 Mercantile Rd
- Veterinarian endorsed
- 7-day Check-In and Check-Out · Flagship location with themed villages
- Indoor dog exercise track in park setting

Tours available anytime during business hours. Hours: Mon thru Sat. 7 am - Noon, and 3-7 pm



TORING



One-to-One Instruction

Reading • Writing Math through Calculus A/B • Study Skills

> Increase Concentration, Focus, Attention Span and Confidence

www.pepperpike.tutoringcenter.com 216 292-HELP (4357)

Upcoming Programs at the Library

The following programs are free and open to the community.

For complete programming information, please visit www.cuyaogalibrary.org.

Through the Eyes of the Artist: Pablo Picasso

Friday, Nov. 20 • 10 am

Art historian Felicia Zavarella Stadelmen returns with her popular series on the lives and works of beloved artists. Picasso's enormous output kept his name before the public, even though his work seemed to be far from the mainstream. His powers of invention spanned more than 80 years. He became the very prototype of the modern artist as public figure. Sponsored by the Friends of the Library.

Through the Eyes of the Artist: Paul Gauguin

Friday, Dec. 4 • 10 am

Art historian Felicia Zavarella Stadelmen returns with her popular series on the lives and works of beloved artists. There remains a profound sense of mystery in his work. Of all the images created by the artist Paul Gauguin, none was more striking than the one he crafted for himself. It's often said that he painted and dreamed at the same time. Sponsored by the Friends of the Library. Please register at www.cuyaogalibrary. org or call 216.831.6868.

Empowering Young Retirees

Saturday, Dec. 5 • 10 am

Are you approaching retirement or have recently retired, but feel a little unanchored about what this time will bring? You are not alone. Many retirees feel a need to reinvent themselves. This workshop will shift

your view of retirement as a whole and open your eyes to the unlimited opportunities it offers you. You will walk away not only with a clearer vision of who you are today, but also with a game plan of ideas for all areas of your life: meaningful activities, social connections, artistic expression, spirituality, lifelong learning, finances and health.

Instructor: Anja Sassenberg-De-Georgia, FORWARD Life Coaching, LLC.

Jeanette Melnick Art Reception

Sunday, Dec. 6 • 2-4 pm

Paintings of Jeanette Arax Melnick are in an international folk-art style. They are influenced by her love of Matisse and by her Armenian heritage – medieval Armenian manuscript images, Iznik ceramics, and Armenian-Caucasian oriental rugs. There have been shows of her paintings in the Museum of Folk Art in Yerevan, Armenia; Cambridge, England; Berkeley and Fresno, California; and Cleveland. Her paintings have also appeared in Ararat Magazine and on the cover of three books by her husband, Daniel Melnick, including his latest novel, "The Ash Tree."

Great Lakes Light Opera Presents: It's MY Story!

Nov. 9 • 6:30 pm Families

The Great Lakes Light Opera Education Department is proud to present "It's MY Story!" Join Wilhelm Grimm of the famous Grimm Brothers and Gretel from Humperdinck's opera, as the two sing and tell the famous fairy tale "Hansel and Gretel." Children are encouraged to come to the performance dressed as their favorite fairy tale character.

ASL/English Family Storytime

Wednesday, Nov. 11• 4 pm Families

Enjoy stories, music, rhymes and felt stories geared toward deaf/hard of hearing children but suitable for children of all ages and abilities and their parents and caregivers. ASL interpreters will be present during the program.

Build-O-Rama

Thursday, Nov. 12 • 4 pm Grades K-5

Calling all LEGO lovers! Bring your mad skills and create your own masterpieces using our LEGO pieces and a different building theme each month.

Friday Family Fun: Pete the Cat Party!

Friday, Nov. 13 • 10:30 am Ages 2-6 with a caregiver

Come for some fun with everyone's favorite wild and crazy cat, Pete! We'll celebrate with groovy stories, songs, crafts and games.

Hebrew Storytime

Wednesday, Nov. 18 • 4 pm Families

Join us for a Hebrew/English storytime where we will hear stories and songs in Hebrew and English. Presented in cooperation with the Jewish Education Center of Cleveland.

Afternoon Art Adventures with U-EarthH

Tuesday, Nov. 24 • 4 pm Grades K-5

Join us as we create art projects based on fun children's stories. Hosted by U-EartH (Ursuline Endless Art Healing), a student art therapy organization at Ursuline College.

Storytimes:

Toddler Storytime

Mondays at 4 pm and Wednesdays at 10 am Ages 19-35 months with a caregiver

Join us for books, rhymes, songs and fingerplays.

Baby & Me Storytime

Tuesdays at 4 pm and Thursdays at 10 am Caregivers and their babies from birth-18 months

Join us for rhymes, songs, fingerplays and books perfect for baby.

Preschool Storytime

Tuesdays at 2:30 pm and Wednesdays at 1:30 pm Ages 3-5 not yet in kindergarten and their caregivers

Enjoy stories, books, rhymes, songs and fingerplays with your little one.

Registration is required for all programs except storytimes. To register, please call 216.831.6868 or visit cuyahogalibrary.org.

Wishing you and your family a happy, healthy Thanksgiving holiday.

Kindness is a language which the deaf can hear and the blind can see. ~ Mark Twain The smallest act of kindness is worth more than the grandest intention.

~ Oscar Wilde

You cannot do a kindness too soon because you never know how soon it will be too late. ~ Ralph Waldo Emerson When we give cheerfully and accept gratefully, everyone is blessed.

~ Maya Angelou

A family decision you can feel good about.



hen your loved one requires assistance with personal needs and medications, yet wants an independent lifestyle, they'll enjoy the caring atmosphere at one of our beautifully appointed Communities.

Call today for a personal visit.





440-460-0686











SouthWest Strongsville 440-238-3777

